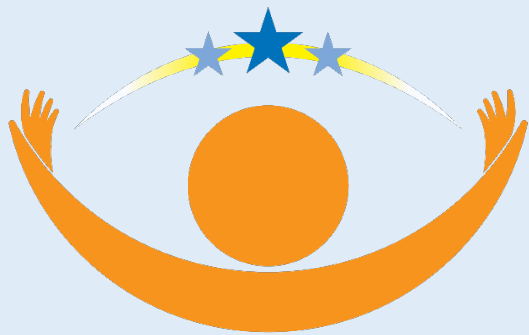


CDC-funded Kansas Disability & Health Program



Disability and Health Program
kansans with disabilities can be healthy

- KDHE designated Dr. Jean Hall and KU Institute on Health & Disability Policy Studies as entity to apply and administer the program
- Kansas is one of 19 states with D&H Programs
- Partnering with organizations across KS, including Kansas Health Literacy
- Duration: July 2016 - June 2021

CDC-funded Kansas Disability & Health Program

Goals

- Improve physical activity access, opportunities, and supports
- Improve knowledge of oral health and oral health system capacity
- Improve knowledge of and access to good nutrition
- Primary target groups are people with mobility limitations and people with intellectual/developmental disabilities



Florida Office on Disability and Health

Kansas at Baseline: Physical Activity*

- Kansans with disabilities are **7 times more likely** to perceive their health status as fair or poor compared to those not having disabilities
- They are also **significantly less likely** to participate in recommended levels of physical activity compared to Kansans without disabilities.
- **Barriers** to increased physical activity include
 - lack of accessible exercise facilities
 - lack of provider knowledge in supporting physical activity for people with disabilities
 - lack of availability of physical activity programs designed specifically for people with mobility limitations or intellectual/developmental disabilities
- **Planned interventions** this year
 - Enrichment activities for medical school students
 - Statewide assessments of health-related facilities
 - Physical activity programs specifically for people with disabilities: NCHPAD and Stop Light

*Kansas BRFSS

3

Kansas at Baseline: Oral Health

Based on our own survey of Medicaid beneficiaries*:

	Kansans with Physical Disabilities	Kansans with IDD	All Kansans/Americans
Missing at least one permanent tooth due to decay or gum disease	59%	44%	34%
Painful aching	65%	40%	20%
Uncomfortable to eat	63%	36%	17%

Based on statewide data**:

	Kansans w/ disabilities	Kansans w/o disabilities
No dental insurance	46%	29%
Needed dental care in last 12 months but did not get it	25%	9%
Visited a dentist in the last year	54%	71%

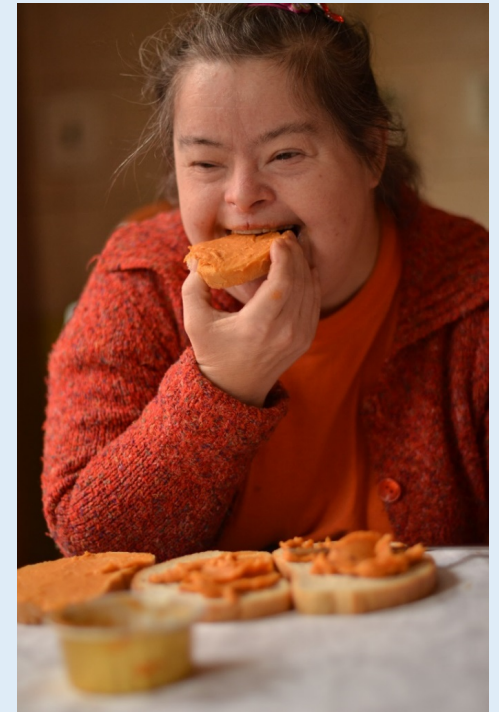
Planned Interventions:

- Training for oral health professionals on working with people who have disabilities
- “Feeling Good About Your Smile” Workshops for Kansans with IDD

*Hall, Chapman & Kurth, 2012; BRFSS 2014 and 2015

Kansas at Baseline: Nutrition

- More than **80% of Kansans with disabilities** do not consume the recommended five servings of fruits and vegetables per day.*
- In a statewide survey we conducted, **76% of people with IDD** and **74% of people with physical disabilities** in Kansas reported being overweight or obese, compared to 63% of the general population.**
- **Interventions:**
 - NCHPAD 14 Weeks to a Healthier You
 - Stop Light Program for Healthy Living



*Kansas BRFSS **Hall, Kurth & Hunt, 2013

5

For more information...

<http://ihdps.ku.edu/dandhkansas>

Program Director – Dr. Jean Hall; jhall@ku.edu

Program Coordinator – Kim Bruns; kbruns@ku.edu

Program Evaluator – Noelle Kurth; pixie@ku.edu

Materials on health disparities and interventions being used are available on the website. If you would like to be a program partner, contact Kim.