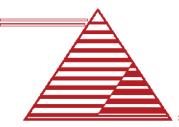


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Medical Editor.... Mike Engelken, MD Sarah Tully Marks, MD Editors...... Marina Spexarth Carolyn Gaughan, CAE

7570 West 21st Street, N., #1046C Wichita, Kansas 67205 316-721-9005 Fax 316-721-9044 e-mail kafp@kafponline.org www.kafponline.org

Established in 1948, the Kansas Academy of Family Physicians is the largest medical specialty society in the state. Currently there are more than 1,000 active members of the KAFP and 1,570 total members. The premier mission of the Academy is the delivery of the highest quality health care for patients throughout Kansas. The KAFP is a constituent chapter of the American Academy of Family Physicians, which has over 77,000 members active in family practice.

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Health Care for All Kansans



This March, a Kansas Hospital Association-led group provided compelling testimony at a legislative hearing urging lawmakers to support proposed legislation to expand KanCare. It was budget neutral and would have allowed over 100,000 uninsured Kansans to have insurance. The first day of hearings was positive. But on the second day the opponents spoke and it seems likely the proposal will not be considered further, largely due to its association with the Affordable Care Act.

Regardless of your political views, it is hard to not view this as a setback for the health of our patients as well as our state. Our KAFP mission is to provide health care for ALL Kansans, not just the insured. This legislation would have allowed many of our poorest patients to have insurance. Patients without insurance are the biggest utilizers of emergency rooms, where the most expensive care is delivered and is rarely paid for by those patients. Insurance is undoubtedly more expensive for all other Kansans in order to make up for these uninsured patients. Kansans pay higher premiums in order to offset the costs of the uninsured. Kansans also pay federal income tax that is meant to pay for KanCare expansion. In essence we are paying twice to care for our uninsured patients, through federal taxes and higher insurance premiums.

My patients who are eligible for KanCare expansion are largely hard-working individuals. They are doing their best to make ends meet in tough economic times. I often see families whose children are covered through KanCare but the parents are not. I may treat the whole family, but unfortunately, the parents won't get necessary tests or treatments due to cost and lack of insurance. This often leads to more health issues for the parents that could have been prevented. Children raised by parents who are in poor health are at higher risk for chronic health problems themselves leading to a vicious cycle of poor health, and often, poverty.

By the end of 2015, over 355,000,000 tax dollars will have left Kansas that was intended to pay for KanCare expansion. Essentially we are sending money to every other state to pay for their Medicaid expansion. I can only imagine how that amount of money could have made a positive impact on the health of our uninsured patients and our great state. By the time this is published, the current legislative session will be almost over, but please talk to your representatives about this issue.

"Any society, any nation, is judged on the basis of how it treats its weakest members -- the last, the least, the littlest." ~ Cardinal Roger Mahony, in a 1998 letter, Creating a Culture of Life

Another legislative effort that our Academy was engaged in was opposing the legislation proposed to eliminate all supervision of nurse practitioners. The Kansas Medical Society and KAFP sponsored a bill to form a joint committee with members of the Board of Nursing and the Board of Healing Arts to examine options and formulate a plan to allow nurse practitioners to have the ability to practice medicine to their fullest capacity while working within a health care team. The KAFP is dedicated to maintaining our position that the best care is provided in a physician- led patient centered medical home. Unfortunately, the legislative committees and nurse practitioners were not satisfied with our proposal and this issue stays alive into the 2016 session. I hope that we can keep patient care at the heart of this discussion and remind ourselves that there is nothing more important than that.

In your service,

Doug Gruenbacher, MD President

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From the **Executive Director**



FOCUS ON EDUCATION

The mission of the KAFP is to promote access to and excellence in health care for all Kansans through education and advocacy for family physicians and their patients.

Our mission statement has two major themes: education and advocacy. We have a committee for each of these themes - I call them "missional" committees. Governmental Advocacy, chaired by Wakon Fowler, MD, Pratt, works on our advocacy agenda. The Professional Development Committee, chaired by Beth Loney Oller, MD, Stockton, handles education. In the Winter edition I focused my letter on advocacy. There is definitely a LOT still going on in advocacy. The 2015 legislative session is not wrapped up

yet. For this issue, I will focus on education.

FAMILY PHYSICIANS AND EDUCATORS

As a former teacher, I often reflect on how similar teaching and family medicine are. Both are professions. Neither is properly recognized in some circles. Unfortunately, both professions are saddled with incredible paperwork and regulation. Both professions have had major "reforms" of questionable value in the outcomes. Both involve people skills and great communication. The best teachers and family physicians are able to motivate and inspire others to do better in key aspects of their lives. They grasp our imagination. They engage us in something bigger than everyday life. The best teachers and the best family physicians are leaders. These are not necessarily innate skills

and behaviors; they can be learned.

The best teachers and family physicians care deeply about those with whom they work. Many of the best teachers and family physicians I know spend time in prayer for wisdom and courage every day. I'm not sure that compassion and prayer is a learned behavior, but we can all hope for more of both.

I was fortunate to have wonderful K-12 teachers as I grew up in McPherson, Kan., and in college and graduate school. I feel very fortunate

Many of the best teachers and family physicians I know spend time in prayer for wisdom and courage every day.

to have had wonderful family physician "teachers" as well. We feature great teachers and family physicians in this issue: Dr. Rick Kellerman is the 2015 Family Physician of the Year; and Drs. Jacques Blackman and Doug Woolley are Exemplary Teaching Award winners.

The best teachers and family physicians are lifelong learners, curious about almost everything, and fearless about learning something new. (OK, maybe there's a little trepidation there....)

As a lifelong learner, I hope you will accept my invitation to two great educational opportunities in June!

PRE-SESSION: SAM GROUP LEARNING, CARE OF THE VULNERABLE ELDERLY

The Pre-session will be on June 10 from 1 – 5 p.m. at the Wichita Marriott Hotel. Sheryl Beard, MD, will be the teacher/facilitator. If you need to complete a SAM during 2015, this is a great way to do it. You'll be in a group with other learners and a helpful teacher. KAFP charges members \$150, and ABFM has a fee, too. You will earn 12 elective credits for the Pre-session SAM after you finish the Clinical Simulation.

ANNUAL MEETING: FOCUS ON FAMILY MEDICINE

Registrations brochures went into the mail in March. Online registration

is open. The schedule is on page 14 of this issue. We are ready for a GREAT meeting – all that's needed is YOU, at the meeting, June 11 – 13! Topics range from asthma to child abuse, from marijuana to ADHD, from motion sickness to molar pregnancy. You'll be amazed at what you can learn at the KAFP Annual Meeting!

Give yourself a chance to participate, to be motivated, inspired, and instructed. Focus on yourself! It is an opportunity to honor award winners, earn CME, and elect leaders. Perhaps you'll focus on something bigger than yourself. That something can be KAFP!

As always I close with a word of thanks for the honor to work with and for you as your Executive Director. Please let me know if you have questions, concerns, ideas or issues. Thanks, and may God bless you.

Sincerely,

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Carolyn Gaughan kafp@kafponline.org 316-721-9005

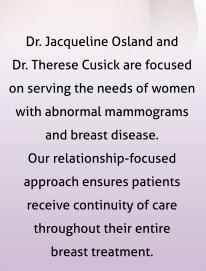


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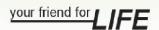


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KC Faculty Rep — Margaret Smith, MD			
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KC Stu Rep— Tyler Darlandtdarland@kumc.edu			
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dnwachokor@kumc.edu			
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"Focus on Family Medicine" with us in Wichita, Kan., June 11-13

PRE-SESSION JUNE 10 OFFERS SAM LEARNING GROUP: CARE OF THE VULNERABLE ELDERLY

Please join us at the 2015 KAFP Annual Meeting "Focus on Family Medicine" June 11-13 at the Wichita Marriott Hotel. This 3-day event is the highlight of the year for family doctors from all parts of the state to meet, enjoy fellowship and earn CME. KAFP also offers a June 10 Pre-session: SAM Group Learning. We have lots of great activities and CME planned. Whether near or far, rural or urban, I hope each of you will join us to focus on family medicine!

HIGHLIGHTS Come into focus:

WEDNESDAY

Pre-session: SAM Group Learning: Care of the Vulnerable Elderly, June 10, 2015, 1-5 pm at the Marriott Hotel, Wichita, KS. Additional registration fee applies.

THURSDAY

Town Hall: Our first Annual Meeting focus is on the Town Hall Meeting and Legislative Update. Enjoy lunch and interact with leaders. **Support KAFP-Foundation:** The KAFP-Foundation Silent Auction will be open Thurs

and Fri with a variety of interesting items to bid on. You are also invited to attend the popular

Wine Tasting Fundraiser Thursday evening, a charity event in the home of Dr. Sheryl Beard and Mr. Steve Johnson. Proceeds from both the events go to the KAFP-F to support student and resident programs, truly a worthy cause!. New this year, the evening includes a live auction of wines, with an auctioneer! Light hors d'œuvres will be served. You may wish to eat before, as this will not be a full meal.

FRIDAY

Fun Run/Walk: Focus on good health bright and early at the KAFP Fun Run/Walk.

Keynote: Peter Anderson, MD will present *The Familiar Physician: Saving your Doctor in the Era of Obamacare.*Member Meeting: Elect your 2015-16 officers. Special award and scholarship recipients will be honored.
President's Dinner: Recognize the 2015 Kansas Family Physician of the Year. See your new officers installed, including Diane Steere, MD of Wichita as your 2015-16 president.

SATURDAY

Poster Contest: Learn from and be inspired by residents and medical students, and vote on the top posters! **Three Concurrent CME Tracks:** An interactive student workshop, a peds track and short 15 minute presentations by residents will keep you captivated. The meeting will close at noon following a plenary wrap-up session.



Thank you to the Professional Development Committee for planning a great meeting!			
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CME Offered: Earn up to 28.25 total credits!

Pre-session: SAM Group Learning on June 10, 2015. The American Board of Family Medicine awards 12 credits to diplomates upon completion of the group study and the clinical simulation.

Annual Meeting: This live activity, KAFP 2015 Annual Meeting, with a beginning date of June 11, 2015, has been reviewed and is acceptable for up to 13.25 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California Academy of Family Physicians is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care has been reviewed and is acceptable for up to 2 Prescribed credits by the American Academy of Family Physicians.

This live activity, AAFP Chapter Lecture Series: Treating Obesity in Adult Patients, June 12, 2015, has been reviewed and is acceptable for up to 1 Prescribed credit by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REGISTRATION

You can register for the 2015 Annual Meeting by:

- 1. Mailing back the registration page in your brochure mailer
- 2. Faxing the registration page in your brochure mailer to 316.721.9044
- 3. Registering online at http://www.kafponline.org
- 4. Or phoning in your registration to 316.721.9005 (Wichita) or 800-658-1749 (toll free).

2015 MEETING SCHEDULE Kansas Academy of Family Physicians June 11 -13, 2015, Wichita Marriott Hotel Earn up to 28.25 total credits		4:15 -4:30	Hypertension in Pregnancy: Evidence- Based Guidelines for Clinical Practice, Leah Peterson, MD
Wednesday, Jun		4:30 - 5:30	Panel Discussion: Proximity to Colorado & Legalized Marijuana: One Toke Over the (State) Line, Moderator: Doug Gruenbacher, MD, Panelists: Roger Trotter, MD, Lisa McPherson, JD, and Steven Wright, MD
1 – 5 pm	Pre-session: SAM Group Learning: Care of the Vulnerable Elderly, Sheryl Beard, MD	5:30 – 6 pm	Bonus session: ICD-10: Hitting the Panic Button! Jen Brull, MD
Thursday, June	11	7 – 9:30	Wine Tasting Fundraiser at the home of Dr. Sheryl Beard & Steve Johnson
11 - 5:00	Registration open, Silent Auction open		
11 - 11:30	Break, visit exhibits	Friday, June 12	
		6 – 7 am	Fun Run/Walk
11:15 – 12:15	Lunch with Town Hall Meeting & Legislative Update, Doug Gruenbacher, MD KAFP President & Dodie Wellshear,	7:15 – 4	Registration Open
	Governmental Liaison	7:15 - 7:45	Breakfast in the exhibit hall
12:15 - 12:30	Break, visit exhibits	7:45 - 8:15	Effective Collaboration with PAs and APRNs, Lynn Fisher, MD
12:30 - 2:30	ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care, Carol Havens, MD. Presented by the California Academy of Family Physicians (CAFP), a member of the Collaborative on REMS Education (CO*RE), 10 interdisciplinary organizations working together to improve pain management and prevent adverse outcomes. This educational activity	8:15 - 9:15	AAFP Chapter Lecture Series: Treating Obesity in Adult Patients, Thomas Kintanar, MD, FAAFP, DABFM. This activity is supported by an educational grant from Takeda Pharmaceuticals International, Inc., U.S. Region; Orexigen; and Eisai Inc.
	is supported by an independent educational grant from the ER/LA Opioid Analgesic REMS	9:15 - 9:45	Break, visit exhibits
	Program Companies (RPC). Please see http:// ce.er-la-opioidrems.com/IwgCEUI/rems/pdf/List_	9:15 - 3:30	Silent Auction Fundraiser open
	of_RPC_Companies.pdf for a listing the member companies. This activity is intended to be fully- compliant with the ER/LA Opioid Analgesic REMS education requirements issued by the US	9:45 - 11:00	KEYNOTE: The Familiar Physician: Saving your Doctor in the era of Obamacare, Peter Anderson, MD
	Food & Drug Administration (FDA).	11:00 - 11:30	Break
2:30 -2:45	Functional Abdominal Pain Presentation in a Clinical Setting, Kelsey Berlin, DO	11:30 - 12:15	Culture Change in pursuit of Team Based Care and Population Health, Terry L "Lee" Mills, MD
2:45 - 3	What's New with IUD Contraceptives? Bryson Hollingshead, DO	12:15 – 1:10	Lunch & Recognitions
3:00 - 3:30	Break, visit exhibits	1:10 - 2:00	Member Meeting & Election
3:30 - 3:45	Three New USPSTF Guidelines for 2014 you need to know,	2:00 - 3:00	New Guidelines for Cancer Screening, Gary Doolittle, MD
3:45 - 4:15	Jonathan Philippe, MD AAFP Update, Robert Wergin, MD, AAFP President	3:00 - 3:30	Break, exhibitors leave at conclusion, Silent Auction closes at 3:30
		3:30 - 3:40	Prize Drawings
	14 L Karaca F	ensile. Discription	

14 I Kansas Family Physician

FOCUS ON FAMILY MEDICINE

3:40 - 4:10	Urology and Men's Health,	TRACK B: Resid	ent Presentations	
	Gretchen Dickson, MD	*9:00 - 9:15	All you need to know about FOAMed, Matthew Downen, MD	
4:10 -5:10	Panel discussion: Focus on PCMH. Moderator, Jen Brull, MD; Panelists: Mike	*9:15 - 9:30	ADHD Treatment Expectations and Frustrations, Charles Armstrong, DO	
	Munger, MD; Terry L. "Lee" Mills, MD; Beth Loney, MD; and	*9:30 - 9:45	Encopresis Treatment and Prevention, John Moultrie, MD	
	Allie Lohrmeyer, MD	*9:45 - 10	Etiology and Treatment of Motion Sickness, Candice Coffey, MD	
5:10	Check out Silent Auction items after	10 - 10:15	Break	
	conclusion	*10:15 - 10:30	What's new in HIV: Screening and pre- exposure clinical guidelines,	
6:30 -7:30	Reception (Photo Booth 6:30 – 8:30)		Sara Lowery, MD	
7:30 - 9:30	President's Dinner	*10:30 - 10:45	Asthma Screening and Treatment in a Hospitalized Patient,	
		*10 15 11	Emily Heronemus, DO	
Saturday, June 1	.3	*10:45 - 11	Molar Pregnancy: A Case Study, Danielle Wurtz, DO	
7 - 8	Presidential Circle Breakfast	*11 - 11:15	Ankyloglossia in a Newborn, Rachael Svaty, MD	
7 - 7:15	Breakfast			
		TRACK C: Student Workshop: Latex to Laryngoscopy		
7:15 - 8:15	Child Abuse Investigations, Terra Frazier, DO	* 9 – 11:15	Latex to Laryngoscopy: Student Session, Jen Brull, MD	
8:15 - 9	Poster presentations	CLOSING PLEN	ARY:	
TRACK A: Peds	Potpourri	11:15 – Noon	What I Learned at the KAFP Meeting Thi Year, Rick Kellerman MD	
*9:00 - 9:30	Pediatric GERD & Nocturnal Enuresis,			
	Robin Walker, MD	Meeting dismissed	d at 12:15	
*9:30 - 10	Breastfeeding Basics, Tracy Williams MD	0		
10 - 10:15	Break	12:15 – 2:30 p.m.	Board of Directors Working lunch & Summ	
*10:15 - 11:15	Essential Skills & Tools You Need to Recognize Developmental Problems,	,	Board Meeting	
	Pam Shaw, MD	* Concurrent sea	ssions	

of Directors Working lunch & Summer

Douglas C. Woolley, MD, MPH is 2015 Kansas Exemplary Teaching Award Winner, Full-time Category

Congratulations to **Douglas C. Woolley, MD**, **MPH** – the 2015 Kansas Exemplary Teaching Award winner in the full-time category. He is a recipient of numerous teaching awards in his career, including most recently: *Best Doctors*, Wichita Business Journal in 2013, 2014.

Dr. Woolley is an Associate Professor (tenured) and the Geriatrics Clerkship Co-director at the University of Kansas School of Medicine (KUSM-W) in the Department of Family and Community Medicine. Dr. Gretchen Dickson observes, "As a new faculty member it is a privilege to watch great teachers. You study them and hope that you can pick up a fraction of their techniques to have a portion of the impact that you watch them have on their learners. Doug is truly one of the great teachers in Kansas. He combines a wry sense of humor, a vast knowledge of current evidence, a nonthreatening Socratic style and a clear caring about his learners to convey his teachings. Learning from him has been a privilege and watching him teach is a pleasure."

EDUCATION

Dr. Woolley is an undergraduate of the University of California, Los Angeles, receiving his medical degree from University of California, Davis. He completed his family medicine residency at Penn State University (PSU) College of Medicine, Hershey. In addition, Dr. Woolley has an AAFP Advanced Research Training Fellowship and a Masters in Public Health (MPH), both from KUSM-W. Professional Certifications include: American Board of Family Medicine, American Board of Family Medicine, Geriatrics and American Medical Directors Association.

Dr. Woolley has been involved in medical student and resident teaching from his earliest years as a medical school faculty member starting at Penn State Hershey in 1980. When he was recruited to join KU School of Medicine-Wichita, it was as both a residency and medical student teacher. Teaching has been at the center of his career from the start.

Among his most satisfying experiences in medical school was his service as Chair of the two-campus clinical curriculum committee back in the mid-90s. "During those two years we were able to get family medicine expanded from a 4-week clerkship to an 8 week clerkship; bring the geriatrics clerkship into the third year; and establish new clerkships in neurology, ICU/emergency medicine and public health. Every one of those changes has endured in spite of fierce attacks from some of the specialty departments that have traditionally wielded such power over the medical student curriculum," Woolley explains.

VISION

Dr. Woolley has shown great vision while at KUSM-W. In the 1990s he was the family medicine clerkship director, coordinating hundreds of community volunteer faculty. He reorganized and updated the clerkship curriculum. He then served many years as geriatric clerkship director, and he re-organized the clerkship. Originally, geriatrics was a fourth year elective rotation. Under Dr. Woolley's leadership as chair of the Year 3-4 Curriculum Subcommittee of the Education Council, geriatric medicine became a required third year clerkship. This made KU one of the first medical schools to require a geriatric medicine rotation. Foreseeing the aging population, Dr. Woolley recognized that most physicians would spend more time in their career caring for aging patients with geriatric syndromes than with pediatric patients (a required clerkship).

THE TEACHER

Dr. Woolley is known as an outstanding lecturer in family medicine and geriatrics. He is always prepared, effective and clinically oriented. Jennifer Wipperman, MD, MPH, writes: "During my faculty development fellowship, Dr. Woolley involved me in multiple aspects of scholarship and teaching. Notably, this was completely voluntary in his part as he was not one of the fellowship faculty. He invited me to take part as a grant reviewer for the AAFP Foundation's JGAP grant review cycle. As part of this, he taught me aspects of reviewing a grant, offered resources, and provided meaningful feedback of my review prior to submitting it. Dr. Woolley also gave me the opportunity to take part in the KUSM-W Family Medicine's departmental scientific review process. With his teaching and guidance, I was able to independently evaluate research projects for scientific rigor."

"Dr. Woolley is a role model as a master teaching clinician. I have shadowed his nursing home teaching rounds of medical students on their geriatrics rotations. Not only is he an excellent clinician and loved by his patients, but he integrates his teaching seamlessly into rounds, finding teachable moments and clinical pearls. His didactic teaching is equally effective. Currently, I facilitate a 'Dizziness' lecture/discussion session with medical students on their geriatrics rotation. Dr. Woolley actually developed the cases I use for the session based on his own patients and experience. Students highly rate the session and find the cases incorporate valuable teaching points," Wipperman concludes.

One of Dr. Woolley's major teaching assignments at KUSM-Wichita is the geriatrics clerkship. He tells, "I helped develop the geriatrics clerkship and bring it into the mainstream of third year clerkships 20 years ago. Twice a month I take medical students on 'nursing home' rounds, where they interview NH residents, do functional assessments, mental status assessments, disease-focused management and rounds. This morning the students worked with several patients whose average age is 95, including a 105 year old and a 100 year old. These two centenarians are mentally bright, articulate, good humored and enjoying life. I love to see the faces of the medical students light up as they retell the life-stories these centenarians told them about farming and living through the dust bowl, or teaching school in little prairie towns or playing football for Wichita University in the mid-tolate 30s."

INNOVATIVE

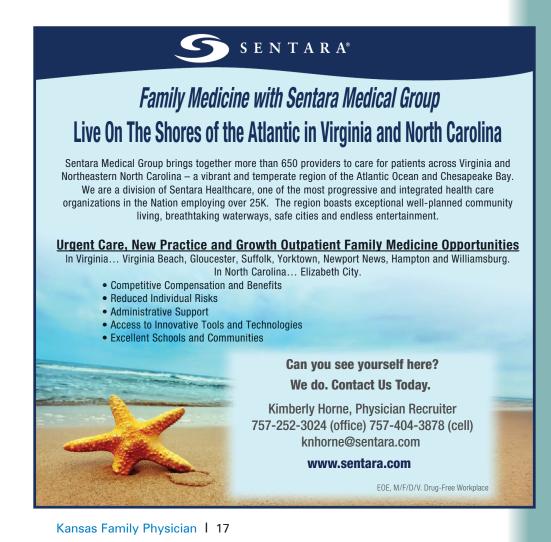
Dr. Woolley has led a number of innovations on the KUSM-Wichita campus. He developed a long-term care teaching program at Larksfield Place (a retirement community in Wichita) for medical students and the concept has expanded to residency education. During his time there, he was recipient of the "Larksfield Treasure" Award for his work as medical director. Dr. Woolley's many contributions to geriatric medicine resulted in him being named the Delos V. Smith Professor of Community Geriatrics, the first endowed professorship in the Department of Family and Community Medicine.

The Standardized Patient (SP) program at KUSM-Wichita is another brain child of Dr. Woolley. "Dr. Woolley successfully wrote a substantial grant to establish the SP program and then wrote another grant to expand the program into a high-fidelity objective structured clinical exam (OSCE). Subsequently, the National Board of Medical Examiner's (NBME) made a special trip to KUSM-Wichita to see how our program was operating, in preparation for establishing required OSCE's for NBME medical board examinations of medical students. The SP program is now well-accepted on all campuses of the KU School of Medicine and it all started because of Dr. Doug Woolley," explains Dr. Kellerman.

GRANTS & RESEARCH

Sheila Owens, MD PGY-3 Wesley Family Medicine Residency Program, Wichita writes: "Dr. Woolley sets a high standard in teaching at the Wesley Family Medicine Residency. He routinely works with our residents at Journal Club, where he tackles the challenge of educating on how to interpret and apply research studies to the field of family medicine. Through Journal Club, it is obvious that Dr. Woolley is not only knowledgeable in his field, but is also excited about the education of young doctors. There are few physicians who jump out of their seat for the chance to draw and explain a forest plot! Though reviewing research can be quite complex, Dr. Woolley has a unique talent in simplifying information to more manageable concepts. Our residents walk away from Journal Club confident that they will be able to use new research to better their practice and patient's lives."

continued on page 18>>



Dr. Kellerman gives a synopsis of Dr. Woolley's career with grants: "Throughout his career, Dr. Woolley has been a successful grant writer. He has over \$1 million in grant awards. He was active on the Primary Care Physician Education Planning Committee Grant from 1993-1995, resulting in a \$15 million dollar grant to KUMC. He successfully wrote a substantial grant focused on cultural competency. He is the Department Vice-Chair for Research. He was a recipient of an AAFP National Advanced Research Training Grant in 2001-2002. This grant provided \$50,000 in funding to Dr. Woolley for each of two years. This was a competitive process with over 100 applicants nationally. Only eight were selected. This funding allowed Dr. Woolley to develop his own research skills and complete a Masters of Public Health degree. Subsequently, he has served as a research mentor for many colleagues, residents and medical students. He has authored or co-authored several important research articles in peer reviewed journals."

WHAT MAKES A GREAT DOCTOR

Dr. Woolley reflects: "To be a great family doctor you have to be equally passionate about becoming skilled in fostering wellness and managing a wide array of diseases throughout the life-span. You have to have a strong sense of empathy so you understand the impact of illness on patients and families, and you have to be skilled in helping patients and families learn to do their part to optimize health and manage illness."

Dr. Woolley served as a mentor to Robert Kraft, MD, Associate director, Smoky Hill Family Medicine Residency Program, Salina, during his Primary Care Faculty Development Fellowship. Dr. Kraft states: "Dr. Woolley is a recognized expert in his chosen areas of geriatric medicine and primary care research. He has a firm grasp on the knowledge and skills required for primary care providers to integrate research methods into everyday practice and to further the evidence base for effective and efficient delivery of primary care. He has used his expertise to guide many

junior and senior faculty members at the University of Kansas School of Medicine (KUSOM) through research projects that impact the care of Kansans now and the delivery of medicine across the country for years to come."

Dr. Kraft continues, "His knowledge of primary care research methods and his expert teaching methods allowed me to broaden my range of skills as an academic family physician and to execute a research project that was recognized as the first place poster in clinical improvement at a national family medicine conference. I could not have accomplished either without his guidance. The impact of this experience continues to be reflected in my work up to the present day."

KAFP is pleased to honor **Douglas C. Woolley, MD, MPH** (Wichita) with his award during the KAFP Annual Meeting on June 12, 2015 at the Member Meeting Lunch at the Wichita Marriott. He has also been nominated for the national AAFP Exemplary Teaching Award, to be announced this fall.

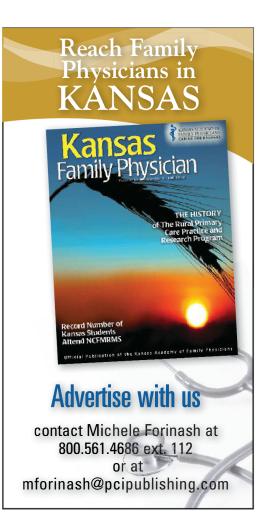


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Jacques Blackman, MD Wins Volunteer Teaching Award

Jacques Blackman, MD, a Wichita family doctor, has been selected as the 2015 Kansas Exemplary Teaching Awardee in the volunteer category. He is a community volunteer faculty member and Clinical Assistant Professor in the Department of Family & Community Medicine at the University of Kansas School Medicine-Wichita. He is in practice with Via Christi Clinics in Wichita.

Dr. Blackman is a graduate of University of Kansas School of Medicine and the St.

Francis (now Via Christi) Family Medicine Residency Program in Wichita. After completing his residency, Dr. Blackman served in the military at Whiteman Air Force Base, was then in private practice in Higginsville, Mo. and returned to Wichita in 1987 where he has been in continuous practice with Via Christi Clinics.

Scott Moser, MD (KUSM-W, Department of Family & Community Medicine, Professor and Vice Chair for Education) writes: "Dr. Blackman consistently garners outstanding reviews from students for several reasons. One is his interest in developing them as professionals, whether they go into family medicine or follow another career path. Another is his 'tech-saviness.' He enjoys making the electronic record work for him; unlike many of his peers who get frustrated and cynical with their EMR. Also, Jacques is a hardworking family doc who has the rare ability to never seem in a rush, whether with patients or students."

Rick Kellerman, MD (KUSM-W, Department of Family & Community Medicine, Professor & Chair) writes: "Jacques Blackman has proven to be a valued and valuable community volunteer faculty mnember. He is an outstanding up-todate, thoughtful physician.

Dr. Blackman consistently garners outstanding reviews from students.

Medical students see him taking care of patients with complex biopsychosocial problems and appreciate him as a role model, mentor and leader."

Mentees of Dr. Blackman know him as a humble, patient and knowledgable mentor. Jithma Abeykoon (KUSM 4th year medical student) gives two great examples of Dr. Blackman's vast knowledge. As his mentor, each day Dr. Blackman would ask what topic Abeykoon would like to explore. One day he explored exercise EKG and its indications, interpretations, and treatments based on respective interpretations. "During my third year I had similar kind of lectures from specialized cardiologists about exercise EKG in patients who have agina pectoris. Dr. Blackman's lecture was far better and had



made me wonder for a second whether he was a board certified cardiologist as well as family medicine certified. He went in depth about the tests. His lecture improved my understanding tremendously regarding logic and pathophysiology behind indications and interpretation of exercise EKG in patients who have angina pectoris." On another occasion, Abeykoon was impressed with Dr. Blackman's dermatology knowledge. Abeykoon presented a poison ivy case to Dr. Blackman who concurred

but then took it a step further referring him to illustrations of skin rashes with respect to pathophysiology, diagnosis and treatment – teaching about differerent species of poison ivy causing contact dermatiotis, the regions in Kansas in which each grow and how to diagnose and treat this skin condition.

"In this modern era of busy schedules, such dedication and magnanimous acts are rarely found. Blended with profound knowledge, passion for teaching, dedication and talent, Dr. Blackman is definitely an incomparable teacher and I wish to place on record my sincere appreication of his great efforts. I am very fortunate to have him as one of my teachers," writes Abeykoon.

Matt Kaiser, MD, PeaceHealth Medical Group, Oregon: "I worked with Dr. Blackman my 3rd year of medical school for my family medicine clerkship. I especially remember Dr. Blackman's calm laid back demeanor in talking with

> his patients. I identified with this as it reflected my own personality and was encouraging to see how patients responded to this and appreciated him. I think his good rapport with patients was better than medicine! I remember one particular patient who had a cluster of neurologic symptoms that

made zero physiologic sense and had multiple evaluations by respectable neurologists who felt her problems were better addressed by psychiatry. It would have been easy to write off this patient as 'crazy' and move on...I recall Dr. Blackman listening to her symptoms respectfully and taking some time to talk with her. Though we didn't have an answer for her problems that day, she clearly felt better that someone had heard what she had to say."

KAFP is pleased to honor **Jacques Blackman**, **MD** with his award during the KAFP Annual Meeting on June 12, 2015 at the Member Meeting Lunch at the Wichita Marriott Hotel. He has also been nominated for the national AAFP Exemplary Teaching Award. The winner will be announced this fall.

2015 Advocacy Day

Advocacy Day 2015 grew! More organizations were involved in the thought-provoking day, ideal for movers and shakers. The morning got started with a warm welcome from each of the participating organizations' leaders: Doug Gruenbacher, MD, Kansas Academy of Family Physicians president; Pamela Steinle, MD, president of the Kansas Chapter, American College of Surgeons; Susan K. Pingleton, MD, FACP, governor of the Kansas Chapter of the ACP; and Jeff Norvell, MD, from the Kansas Chapter of American College of Emergency Physicians. Family physicians, ER physicians, general surgeons, internists, residents and medical students convened at the Kansas Medical Society building in Topeka for 2015 Advocacy Day on Jan. 21.

Topics covered included a national view of legislative issues and a grass-roots approach to advocacy, by AAFP State Government Relations Manager, Michelle Greenhalgh. Attendees were introduced to the new KDHE Secretary, Susan Mosier, MD, and learned about the Kansas Hospital Association (KHA) proposal for KanCare 2.0 from Tom Bell, KHA President & CEO, and Chad Austin Senior Vice President, Government Relations. KAFP Legislative Liaison Dodie Wellshear tag-teamed with KMS Executive Director Jerry Slaughter to discuss issues expected to arise in the 2015 legislative session, including APRN Scope of Practice.

Thank you to legislative leaders for being guest speakers on Kansas Policy Makers' Perspectives:

L to R: Rep. Dan Hawkins; Senate President Susan Wagle; Sen. Laura Kelly; and Assistant Minority Leader Rep. Louis Ruiz





Visiting the Capitol during Advocacy Day is always a treat. The KU Kansas City contingent includes Drs. Wendy Biggs, Van Trinh Phan, Josh Plank, Sarah Tully Marks, Tanya Bedward, Justin Lawing, Scott Wewel, Nathan Sprengel, Erik Young, Claude Louis and Sara Lowery.



KHA's Tom Bell & Chad Austin for KanCare 2.0.



Far left: Dodie Wellshear discusses health related legislative issues on topics expected to come up this session with Drs. Doug Gruenbacher and Mary Beth Miller

Right: Todd Miller, MD talks with legislators.



Following Advocacy Day, attendees and legislators headed to the Topeka Capitol Plaza Hotel to enjoy hors d'oeuvres, soft drinks, cocktails and good conversation. The legislators appreciate the hospitality and participation! Thank you to all who attended.







Salina medical students Scott Rempel, Theresia Neill and Trinity Graff enjoy the evening.



Legislator Larry Hibbard and Dr. Jen McKenney catch up.



Rep. Mario Goico and Executive Director Carolyn Gaughan.

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22 | Kansas Family Physician

2015 Family Medicine Match Results

Match Day is always exciting for fourth year medical students. Prior to Match Day, fourth year medical students interview with residency programs in Kansas and across the country in the specialty of their choice and rank the programs while the programs also ranked the students. Students learn on Match Day, the residency program with which they are matched. This year's Match Day was Friday, March 20.

All four of Kansas' family medicine residency programs filled during the match. Here are the results:

- Via Christi Family Medicine Residency filled with 18 incoming residents
- Wesley Family Medicine Residency filled with 10 incoming residents
- Kansas City Family Medicine Residency filled with 9 incoming residents
- Smoky Hill Family Medicine Residency filled with 5 incoming residents

Congratulations to all!

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For additional information, please contact Arleen Richardson Arleen.Richardson@RMMedicalSearch.com

It's all net with Kman...swoosh 2015 Kansas Family Physician of the Year

Friends of family medicine in Kansas are all familiar with a small town doctor who turned to academic medicine and is always one of the first to do whatever it takes to get the patient, medical student, resident or faculty "win." If you have not guessed....it's Rick Kellerman, MD, FAAFP...aka Kman.

Way overdue and a long time coming, Dr. Kellerman has been selected as the 2015 recipient of the Kansas Family Physician of the Year award. When he was told the news, he commented, "It (Family Physician of the Year award) is an honor, humblingand embarrassing. Embarrassing because there are so many physicians in the state who are worthy, who are not recognized for all that they do in their communities." So here is a shout out to all YOU Kansas family docs – you rock!

Rick Kellerman, MD is Chair of the Department of Family & Community Medicine at the University of Kansas School of Medicine-Wichita (KUSM-W), a position he has held since 1997.

Wichita is the largest city in Kansas... not exactly where Dr. Kellerman thought he would be forty -some years ago. No, back then he wanted to be a small town family physician. In fact he was going to move back to their hometown of Hays and practice with a friend's dad, Norman Hull, MD. However, Dr. Hull passed away while Dr .Kellerman was in residency, and that dream was gone. It just so happened that there was a faculty shortage at the time, so Kman became a junior faculty instructor at KUSM-W for a year, and did a clinical teaching fellowship at the Family Medicine Faculty Development Center of Texas in Waco, TX. Later he did a US Public Health Service Primary Care Policy Fellowship in Washington DC.

RURAL MEDICINE: HOME TEAM ADVANTAGE

The first half:

Looking back, Kman has two mentors, both rural physicians that shine: Norman Hull, MD who delivered him in Hays and was also the father of a friend. . And Ron Bradley, MD, a family physician in Greensburg, Kan., which he considers one of his hometowns. The other hometown is Hays. His love for rural medicine led him back to search for a small community to practice family medicine. At the time, Plainville, Kan. was the most underserved community in Kansas – so that is where Kman settled in for 6 years.

Dr. Kellerman remembers his first days in practice: "I started my practice in Plainville, Kansas on a Thursday in September 1982. I picked a Thursday so I could see patients for two days and then have some time to regroup over the weekend and fix any office flow problems that came up before the next full week of seeing patients.

"I saw seven patients on that Thursday. On Thursday night I saw my first patient in the emergency room and admitted him to the hospital. He had a kidney stone. On Friday, I saw nine



Photo: Dr. Kellerman stands by framed articles from Conn's Current Therapy 2015, co-edited by him – a great accomplishment. Dr. Kellerman is also the medical editor and moderator for the AAFP's FP Audio.

patients.

"On Saturday, I got up early and went to the office. I walked to the wooden chart rack and looked at the 17 charts. Side-by-side the paper charts took up no more than an inch of space. After medical school, residency and a year as a junior faculty member, I was

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Photo: Three Kansas members have gone on to be President of the AAFP. Seated, Ned Burket, MD (1967-1968); standing left to right, Ernie Chaney, MD (1981-1982); and Rick Kellerman, MD (2006-2007). on my own. I was a family physician and those 17 charts represented the people who were <u>my</u> patients. These people had entrusted their health care to me and I took this responsibility seriously. I made a covenant with those 17 patients. As I looked at those charts, I felt a real joy."

And then..."it just happened." In 1988, Dr. Kellerman was called back to academic medicine when he accepted the opportunity to be the residency director at Smoky Hill Family Medicine. While at Smoky Hill, the residency received the "Outstanding Rural Health Program in America" award from the National Rural Health Association in 1996. And

now to the next play.

Like many "playmakers," good things just seem to continue to happen around Kman. It "just happened" again in 1997 when Dr. Kellerman accepted the position as Chair of the Department of Family & Community Medicine at KUSM-W. And it just happened again when Dr. Kellerman rose through the ranks of Kansas leaders and was elected to the AAFP Board of Directors in 2003 and elected as AAFP President-elect in 2006.

Dr. Kellerman gives his own real life advice: "A wise family physician once told me to have two drawers in my desk. In one drawer, he said, put all the 'thank you' letters you receive. In the other drawer, put all the letters that are critical of your care and those that imply you are a quack. The wise family physician told me that when you start to feel a little arrogant – like you are God's gift to medicine – you should read the letters that say you are a quack. And, when you have had a bad day and are discouraged, read the letters in the 'thank you' drawer. We need those 'thank you' letters because we share many heartaches in family medicine."

Here are some examples of Dr. Kellerman's heartaches in family medicine:

- "Heartaches oftentimes show up when you least expect them. A young mother came in for a routine well-woman exam. The dimple in her left breast was immediately obvious. But she hadn't noticed it. It was a heartache to tell her of my suspicion, to tell her the results of her breast biopsy and to grieve with her husband and children when she died."
- "Taking the car keys away from a grandmother or grandfather who is no longer capable of driving is a

heartache."

- "Looking a patient in the eye to tell them they have a diagnosis of lymphoma or multiple sclerosis, or that their grandfather is paralyzed and can't talk due to a stroke, or that a spouse has died from an acute myocardial infarction are heartaches."
- "One of the heartaches of family medicine is that we see so many who are struggling financially and emotionally. One of the heartaches of medicine is to diagnose someone with high blood pressure or depression or pneumonia and when we tell them we are going to prescribe a medication, they are embarrassed to tell us they don't have enough money to buy the medicine."

So what makes a GREAT physician? Dr. Kellerman says, "I think family physicians are at their best when they are working on the cusp of a 'heartache.'"

"In family medicine, we see people up-close-andpersonal. There is a bond between family physicians and patients that make us different than other professionals. Patients tell us their worries, concerns, secrets and fears. It takes great courage on the part of patients to tell us these things. When seeing a patient in an ordinary examination room, there are three critical components: a patient, a doctor and a relationship between the patient and the doctor. It is an understanding of this relationship that makes good doctors, great doctors."

"It is hard to believe that it has been over thirty-three years since I made a covenant with those 17 patients in Plainville. The covenant is as true today as it was then:

- To listen to the patient's story;
- To examine carefully and gently;
- To work conscientiously and humanely;
- To be honest . . . and to provide hope;
- To care for the whole person;
- To be nonjudgmental and to provide guidance;
- To comfort when there is no cure;
- To put the needs of others first; and
- To do our very best to insure each and every American has access to a family physician who embodies these attributes."

WINNING IN FAMILY MEDICINE

Kman loves all basketball, but especially Kansas teams! In fact, Kman headed to the Sweet 16 to cheer on WSU the week he was interviewed. He is also a concert, and movie fan. The only thing that he gets more excited about than sports, concerts and movies is family medicine. He encourages, leads, and inspires students to go into family medicine. He works hard to build the future for family physicians in the state. He works to develop the faculty team: building, inspiring and cajoling to see that talented teachers work at both the central department and the residency programs. KUSM-Wichita has a highly successful family medicine program, from medical students, to residents to faculty. Recently, the department was named in the top 10 among the nation's medical schools for producing family physicians. When retirement time comes, Kman is confident of the many young, talented

faculty members who will ensure the department's viability. However, state funding support remains a big obstacle. "Young physicians will practice in a time of unprecedented change in medicine. As we look to the future, there is great promise in the human genome project, new technologies, new medications, and cutting-edge therapies. Information technology, despite its shaky start, will revolutionize what we do in family medicine. But, there will be one constant: the relationship a doctor has with a patient," says Kellerman.

HALF TIME SHOW

A couple trivia items about the 2015 Kansas Family Physician of the Year:

- 1. In 1964, he witnessed future Olympic track athlete, Jim Ryun run the first high school mile under 4 minutes!
- 2. He delivered a baby in Plainville while a tornado was on the ground!
- 3. He and his lovely wife Janet have 3 children, Katie, John and James. Katie is the Wesley Family Medicine Residency Coordinator. James is the sports editor for the Wichita State University Sunflower. John is pursuing a career in film in California.

THE SECOND HALF:

Now to the good stuff...Dr. Kellerman shares the joys in family medicine:

- "Delivering a baby. To be the first person to hold a newborn is a joy of family medicine.
- "Fun with kids. Having fun with kids is a joy of practice. Checking patellar tendon reflexes on children is a joy. If there are four kids in a family, you can sit them all on the exam table and check a full octave of reflexes in less than four seconds. You can even tap out 'Row, Row, Row Your Boat' on eight patellar tendons."
- "Procedures are a joy. A spinal tap can be a joy. When doing a spinal tap on a sick child and you pop through the dura mater and you remove the stylet and see crystal clear fluid and you know this child does not have

meningitis, it is a real joy of family medicine."

 "Sometimes the joys of practice aren't immediately apparent. I took care of an elderly woman whose husband had deserted her several years previously. She had raised her two sons by herself and now her sons were having some problems; one was having financial problems and the other had been laid off from his job. The lady talked for 20 minutes and told me about her problems. I didn't know how to counsel her. I didn't know what to say or what to do. I couldn't bring her husband back, couldn't find a job for her one son and couldn't help her other son out of his financial difficulty. So, I did what most family physicians do in similar situations. I down-coded her visit and told her to call if she needed anything else. I felt like a failure. I felt even worse when she didn't call and didn't come back in, another sure sign of my inadequacy as a family

continued on page 26 >>



doctor. Then, a year later, she showed up on my day's roster. I walked into the examination room and she said Thank you, Dr. Kellerman. You helped me so much!' I said 'Help you? How? I didn't do anything.' She replied 'Oh, yes, Dr. Kellerman. You helped me so much! You listened!' That was a joy of family medicine."

"Thank you letters are a joy of family medicine. Sometimes a 'thank you' letter shows up in the local newspaper and that is a joy."

VICTORY

2015 Kansas Family Physician of the Year, Rick Kellerman, MD concludes: "I have been fortunate in my career as a family physician to be a personal physician to many, to be an educator and counselor to medical students and resident-physicians and young physicians, to work with dedicated family physicians from across the country, to have served in a national leadership and policy-making position and to meet family physicians from around the world with whom I share the historic values of family medicine."

Rick Kellerman, MD was an undergraduate at Fort Hays State University; attended University of Kansas School of Medicine, Kansas City for his medical degree; and completed his residency at Wesley Family Medicine Residency Program (Chief Resident 1980-1981). Obtained a clinical teaching fellowship from McLennan County Medical Education and Research Foundation; Family Medicine Faculty Development Center of Texas and United States Public Health Service Primary Car Policy Fellow, Washington, D.C. He has served on numerous KAFP and AAFP committees, commissions and

in multiple offices, including KAFP President (1992) and AAFP President (2007.) He is active in the following organizations: Society of Teachers of Family Medicine; American Medical Association; Kansas Medical Society; Medical Society of Sedgwick County, Medical Practice Resources Board of Directors (President);

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Son, James Kellerman and Rick Kellerman, MD, cheering on the WSU Shockers, in Cleveland, March 2015. Kman has been to several first rounds and to four Final Fours but this was his first Sweet 16 basketball game.

> National Rural Health Association; Association of Departments of Family Medicine; Society of Primary Care Policy Fellows; Partners of the Americas Paraguay/Kansas Partnership Health Care Committee; North American Primary Care Research Group; World Organization of Family Doctors; Wichita Medical Research and Education Foundation Board of Directors; and Institute of Medicine Global Forum on Innovation in Health Professional Education, Washington D.C. He serves as a volunteer provider at Guadalupe Clinic; JayDoc Student Clinic Supervisor; United Methodist Health Ministry Fund Rural Health Services and Infrastructure Improvement Grant Committee; American Hospital Association Region 6 Policy Board, Family Medicine for America's Health Workforce Tactic Team. He is also a publication reviewer for several journals and co-editor of Conn's Current Therapy since 2010. He is the medical editor and moderator of the AAFP's FP Audio.



MEMBERS IN THE NEWS

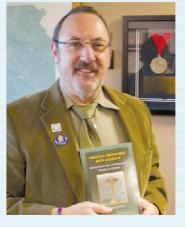


Dr. Zaudke wins Rainbow Award

The KU School of Medicine-Kansas City held its annual Grande Affair awards banquet on March 21. Dr. Jana Zaudke was the winner of the prestigious Rainbow Award, which honors faculty who exemplify the attributes of professionalism in medicine and share those qualities with the students they mentor. Congratulations Dr. Zaudke!

Joshua Freeman, MD was featured on 41 News KSHB Kansas City about the safety of vaccinations. "Prevention is working when we don't see it," was his message.

Congratulations to Dr. Joshua Freeman on the publication of his book: Health, Medicine and Justice: Designing a Fair and Equitable Healthcare System.





Executive Director, Carolyn Gaughan congratulates Dr. Debbie Haynes on her retirement. Thank you for serving Wichita, Dr. Haynes!



KAFP president, Doug Gruenbacher, MD and Executive Director Carolyn Gaughan meet with the Smoky Hill Family Medicine Residency Program residents and faculty for a presentation on AAFP and KAFP.



From left: Matt Blue, Stephanie Shields, Jacob Wallace, Whitney Weixelman, Jordan Groskurth, Caitlin Chiles, Kyle Rowe, Ashley Venegas. Courtesy photo

Congratulations to the first class of students to complete all four years of medical education at the Wichita campus of the University of Kansas School of Medicine, pictured above. In the subsequent years, 28 students have comprised each new Wichita medical school class. Additionally, since 1971, about one-third of the third- and fourth-year students from the main campus in Kansas City, Kan., have relocated to Wichita for clinical rotations. Altogether, the Wichita campus now serves about 200 medical students.

Drs. Stacey Dimitt and Hannah Haack are family physicians in Smith Center, Kan. They were featured in KU School of Medicine news in the article: Family docs move to Smith Center, Kansas ... as a 'package' Photo courtesy University of Kansas School of Medicine-Wichita



KU School of Medicine-Wichita Campus Announces 2015-16 FMIG Officers

Congratulations to the following Family Medicine Interested Group (FMIG) members:

Co-Presidents: Natalie Hagman, Ali Rueschhoff Co-Vice Presidents: Letisha Ferris, Alex Johnson Secretary: Ruth Wiens KAFP Rep: Kurtis Klecan Tar Wars Coordinators: Autumn Smith, Michelle Baalmann M2 Class Rep: Sydnee Nelson, Codi Ehrlich, Ryan Woodruff, Alex Holm-McDowell M3 Class Rep: Cheryl Dobson, Karissa Gilchrist, Jordan Meyer, Kristin Kirkland M4 Class Rep: Chris Stanley, Nate Davis

Mary Redmon, DO plays clarinet in the Medical Arts Symphony. The free concert will be in Battenfeld in the Student Center scheduled for April 25th at 8:00 pm.



2015 CONSULTANT DIRECTORY

This Specialty Referral Section is a service to our members. All names and organizations are paid advertisement listings and should not be considered an endorsement by the KAFP. Appearance in this guide does not mean the KAFP certifies these physicians as board certified specialists in their area of practice. We appreciate the participation of these physicians who have supported family practice through this project.

physicians Family become well aquainted with their patients, often caring for them like family. Therefore, when a trusted family doctor must refer their patient to a specialist, the process is more than medically necessary. It is a personal search for the best care available. Kansas offers well-trained and dedicated specialists in all areas of medical speciality - consultants who are willing and able to accept referrals and offer the best care possible to each patient. The Kansas Family Physician is committed to offering as user-friendly a directory as possible to help the medical community find the best care available.

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