



Department of Family and Community Medicine  
1010 N. Kansas  
Wichita, KS 67214-3199

ADDRESS SERVICE REQUESTED

**Friday, July 20, 2018**  
**National Center for Aviation Training**  
4004 N. Webb Road  
Wichita, KS 67226

## MIDWEST SPORTS MEDICINE CONFERENCE



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Department  
of Family and  
Community  
Medicine



## GENERAL INFORMATION

The Midwest Sports Medicine Conference is designed primarily for family physicians and health care professionals with goals for improving knowledge and competence in sports medicine.

## REGISTRATION

The physician registration fee is \$150. Athletic trainers, physical therapists, occupational therapists, physician assistants, advanced practice registered nurses and other health care professionals are encouraged to attend and may register for \$100. Coaches (high school and college) are \$50, and resident physicians and health professional students are \$25.

Registration fees include a course syllabus, refreshments and lunch. Registrations received after **Friday, July 13**, will be charged a late fee of **\$25. No refunds will be made after July 13.**

Early registration is recommended. Seating, materials and refreshments may not be available for onsite registrants. Audience size is limited.



## AMERICANS WITH DISABILITIES ACT

If you need any auxiliary aids or services identified in the Americans with Disabilities Act, please contact Family and Community Medicine at 316-293-2607 by **Friday, July 6**. Every effort will be made to accommodate requests after that date.

## PLANNING COMMITTEE

Kyle Goerl, M.D., Course Director  
Rick Kellerman, M.D., Department Chair  
John Dorsch, M.D., CME Chair  
Lori Bearley, MBA  
Tiffany Bonfiglio  
Shirley Reiboldt

## FOR FURTHER INFORMATION

Department of Family and Community Medicine  
KU School of Medicine-Wichita  
1010 N. Kansas; Wichita, KS 67214-3199  
**Office:** 316-293-2607  
**Fax:** 316-293-2696 or **Email:** wicfcm@kumc.edu  
**Visit our website:** <http://wichita.kumc.edu/fcm/>

## CONTINUING EDUCATION CREDIT

**AAFP Credit:** This Live activity, Midwest Sports Medicine Conference 2018, with a beginning date of 07/20/2018, has been reviewed and is acceptable for up to 7.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AMA/AAFP Equivalency:** AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 Credit™* toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as Category 1.

**AAFP-certified CME Activities for AOA Credit:** *CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.*

Nonphysician attendees will be emailed a certificate of attendance that may be submitted to their licensing board for credit.

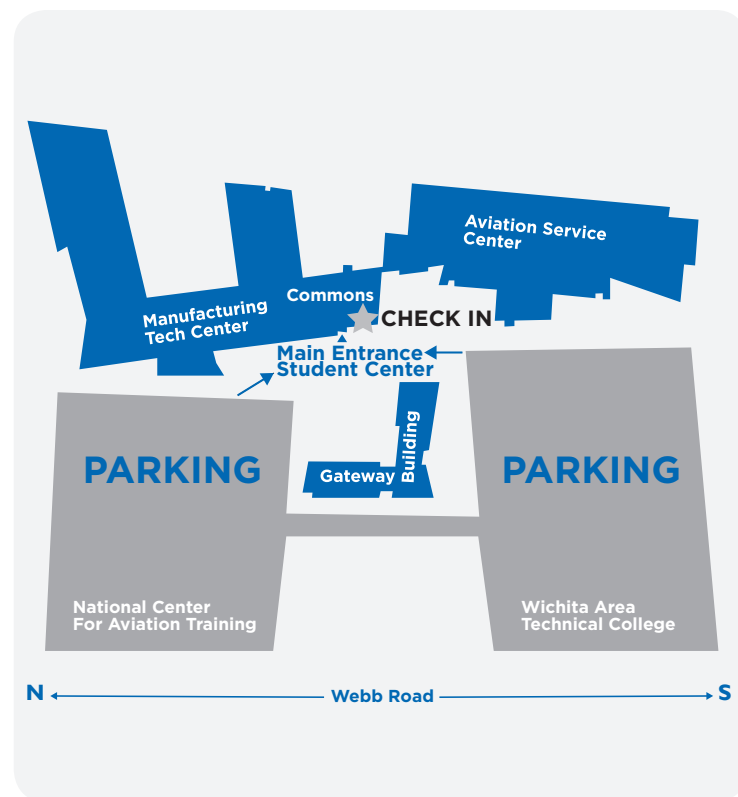
## LOCATION

### National Center for Aviation Training (Please use student center entrance)

4004 N. Webb Road • Wichita, KS 67226  
316-677-9500 or 866-296-4031

Room temperatures may vary; a sweater or jacket is recommended.

**Emergency Telephone Number:** During the symposium, you can be contacted at 316-677-9500. Ask that your message be taken to the KU School of Medicine-Wichita conference registration desk.



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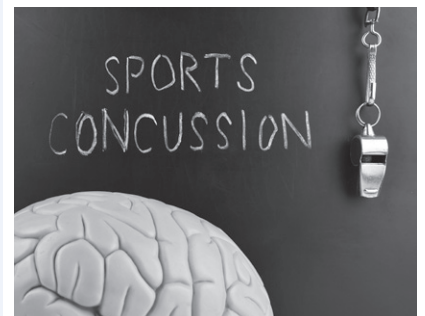
## PROGRAM

7:30 a.m.	Registration, Continental Breakfast, and Visit Exhibits
7:55	<b>Welcome and Announcements</b> – Kyle Goerl, M.D.; Course Director and Moderator
8:00	<b><i>The James W. Shaw, M.D., Memorial Lecture</i></b> <b>Overuse Tendinopathy and Apophysitis in the Pediatric Athlete</b> Erik Severud, M.D.
8:50	<b><i>Wichita Medical Research and Education Foundation Lecture</i></b> <b>Pediatric Knee Injuries</b> Brennen Lucas, M.D.
9:40	Refreshment Break – Visit Exhibits
10:00	<b><i>#1-Case Presentation</i></b> <b>Chest Pain in a High School Football Player</b> Justin Grant, D.O.
10:15	<b>Management of Common Pediatric Fractures</b> Matthew Hollenbeck, M.D.
11:05	<b><i>Knorr Family Healthy Lifestyles Lecture</i></b> <b>Depression and Mental Illness in Athletics</b> Mark Potter, B.S.
11:55	Lunch (provided) – Visit Exhibits
12:45 p.m.	<b>Discussion Panel: Sports Specialization and Burnout</b> Moderator: Kyle Goerl, B.A. Wally Walstrom, D.O.; Kraig Goerl, M.A.; Mark Potter, B.S.
1:45	<b>Possible Selves Mapping</b> Mark Folger, B.Ed., M.A.
2:15	<b><i>#2-Case Presentation</i></b> <b>Research on Osteopathic Manipulation in Athletes</b> Emily Heronemus, D.O.
2:30	Refreshment Break – Visit Exhibits
2:50	<b>Challenges in Preparticipation Clearance</b> Paul Cleland, M.D.
3:40	<b>Evaluation of Vestibular Dysfunction in Concussion</b> Michael Campbell, M.D., and Scott Degan, DPT
4:30	Wrap-up and Drawing for Prizes – Kyle Goerl, M.D., Course Director
4:35	Program Adjourn

## OBJECTIVES

At the conclusion of this symposium, the participant will be able to:

- compare the clinical differences between tendinitis and tendinosis
- develop a differential diagnosis of conditions that cause knee pain in children
- develop a differential diagnosis for a high school athlete with chest pain
- explain the management of common pediatric fractures
- identify symptoms of depression
- discuss the contribution of early sports specialization to burnout of adolescent athletes
- explain the concept of “possible selves”
- summarize the perception of college athletes toward osteopathic manipulation
- discuss the role of preparticipation clearance in the safe participation of young athletes in sports
- discuss the management of vestibular dysfunction after sports-related concussion



## ACKNOWLEDGEMENTS

This conference is supported, in part, by educational grants from the Department of Family and Community Medicine; the Knorr Family Healthy Lifestyle Lecture; The James W. Shaw, M.D., Memorial Lecture; and Wichita Medical Research and Education Foundation.

# REGISTRATION - MIDWEST SPORTS MEDICINE CONFERENCE

## FRIDAY, JULY 20, 2018

**REGISTER AT:** <https://kumc.cloud-cme.com/>  
 Call 316-293-3575  
 Fax 316-293-2696

**OR RETURN COMPLETED REGISTRATION FORM BELOW BY FRIDAY, JULY 13, 2018, TO:**  
 Department of Family and Community Medicine • KU School of Medicine-Wichita • 1010 N. Kansas, Wichita, KS 67214-3199

Last Name	First	Middle	Degree
Address		City	State
Zip			
Email (Confirmation of registration to be sent via email only)		Day Phone	<input type="checkbox"/> Home <input type="checkbox"/> Work
License # (Required for credit)		Fax #	

Preferred means of communication  Mail  Email  Fax  Please remove my name from the mailing list.

<p><b>Profession (Please check):</b></p> <p><input type="checkbox"/> Physician (\$150)                  _____                  (Specialty)</p> <p><input type="checkbox"/> Athletic Trainers, Physical Therapists, and Others (\$100)</p> <p><input type="checkbox"/> \$25 registration fee will be charged if received after <b>Friday, July 13, 2018</b></p> <p><b>Total due \$</b> _____</p> <p><input type="checkbox"/> Coaches (high school and college) (\$50)</p> <p><input type="checkbox"/> Health Professional Students and Resident Physicians (\$25)</p> <p><input type="checkbox"/> I do <input type="checkbox"/> I do not plan to attend the luncheon</p> <p><input type="checkbox"/> I prefer a vegetarian meal</p> <p><input type="checkbox"/> Special dietary needs</p>	<p><b>PAYMENT:</b></p> <p><input type="checkbox"/> Payment enclosed - Make check payable to:                  KUSM-W Dept. of Family and Community Medicine</p> <p><input type="checkbox"/> Charge to my <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover</p> <p>Account # _____</p> <p>Expiration date _____</p> <p>CVV code (3-digit code found on back) _____</p> <p>Name on card (please print) _____</p>
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## FACULTY

### KU SCHOOL OF MEDICINE-WICHITA

- Michael Campbell, M.D.**  
 Clinical Instructor, Dept. of Family and Community Medicine, KUSM-Wichita  
 Lafene Health Center and Team Physician,  
 Kansas State University  
 Manhattan, Kansas
- Paul Cleland, M.D.**  
 Clinical Assistant Professor, Dept. of Family and Community Medicine, KUSM-Wichita  
 Associate Director, KUSM-W  
 Sports Medicine Fellowship  
 Wichita, Kansas
- Kyle V. Goerl, M.D.**  
 Clinical Assistant Professor,  
 Dept. of Family and Community  
 Medicine, KUSM-Wichita  
 Lafene Health Center and Team  
 Physician, Kansas State University  
 Manhattan, Kansas
- Justin Grant, D.O.**  
 KUSM-W Primary Care  
 Sports Medicine Fellow  
 KUSM-Wichita Sports Medicine Fellowship
- Emily Heronemus, D.O.**  
 KUSM-W Primary Care  
 Sports Medicine Fellow  
 KUSM-Wichita Sports Medicine Fellowship
- Brennen Lucas, M.D.**  
 Clinical Assistant Professor,  
 Dept. of Orthopaedics, KUSM-Wichita  
 Advanced Orthopaedic Associates  
 Wichita, Kansas
- Erik Severud, M.D.**  
 Clinical Assistant Professor,  
 Dept. of Orthopaedics, KUSM-Wichita  
 Pinnacle Sports Medicine and Orthopaedics  
 Hutchinson, Kansas

### GUEST FACULTY

- Scott Degan, DPT**  
 Physical Therapist,  
 Lafene Health Center,  
 Kansas State University  
 Manhattan, Kansas
- Mark Folger, B.Ed., M.A.**  
 Lecturer, Dept. of Human  
 Performance,  
 Wichita State University  
 Gymnastics Consultant  
 Andover, Kansas
- Kraig Goerl, M.A.**  
 Mathematics Teacher; Football,  
 Track and Field, Strength and  
 Conditioning Coach  
 Olathe West High School  
 Olathe, Kansas
- Mark Potter, B.S.**  
 Former Head Men's  
 Basketball Coach,  
 Newman University,  
 Wichita, Kansas  
 Motivational Speaker  
 Wichita, Kansas
- Wally Walstrom, D.O.**  
 Family Medicine,  
 Sports Medicine  
 Hays Medical Center  
 Hays, Kansas
- Matthew Hollenbeck, M.D.**  
 Pediatric Orthopedic  
 Surgeon  
 Kansas Orthopaedic Center  
 Wichita, Kansas