38TH ANNUAL

FAMILY MEDICINE WINTER SYMPOSIUM

DECEMBER 7-8, 2018
WICHITA MARRIOTT HOTEL • WICHITA, KANSAS

Sponsored by KU SCHOOL OF MEDICINE WICHITA
The University of Kansas

Department of Family & Community Medicine
GENERAL INFORMATION
The 38th Annual Family Medicine Winter Symposium is designed to present new and updated topics useful to practicing family physicians and other primary care clinicians, with special emphasis on refining diagnostic and therapeutic skills.

OBJECTIVES
At the conclusion of this symposium, the participant will be able to:
• explain three ways medical students can increase the efficiency of office practice
• counsel patients on developing healthier living practices
• design treatment plans for patients with cognitive impairment based on the best evidence
• identify patients who are reasonable candidates for various wound care modalities, including hyperbaric oxygen
• describe the parameters defining pediatric obesity and hypertension and propose effective treatment strategies
• propose palliative or hospice care to patients with terminal illness
• interpret prenatal genetic tests
• describe common injuries occurring during rodeo competition
• identify the signs and symptoms of depression
• compare and contrast guidelines issued by JNC 8 and the American College of Cardiology/American Heart Association
• recommend immunizations to patients traveling to foreign nations based on Centers for Disease Control and Prevention guidelines
• discuss when and how to initiate preventive oral health practices in children
• identify causes and propose specific treatment for edema
• develop a plan of colonoscopic follow-up of patients with risk factors for colorectal cancer
• diagnose specific causes of back pain based on physical examination findings
• treat patients with osteopenia and osteoporosis based on the most recent evidence
• identify indications for various rheumatologic tests and interpret the results
• develop patient education strategies when opioids are not indicated for the treatment of chronic non-cancer pain
• discuss newer treatments for patients with diabetes
• offer therapeutic options for patients with common urologic problems
• explain methods of reversible contraception based on their indications, contraindications, advantages and disadvantages
• describe ways family physicians can better treat diabetes from the viewpoint of an endocrinologist

FOR FURTHER INFORMATION
FAMILY & COMMUNITY MEDICINE
KU School of Medicine-Wichita • 1010 N. Kansas • Wichita, KS  67214-3199
Office: 316-293-2607 • Fax: 316-293-2696 • Email: wicfcm@kumc.edu
Visit our website: http://wichita.kumc.edu/fcm-wintersymposium
REGISTRATION

Last Name__________________________ First__________________________ Middle__________________________ Degree__________________________

☐ Home
☐ Work

Address__________________________________________________________

City__________________________ State________ Zip________________________

Email__________________________ Day Phone________________________

(Confirmation of registration to be sent via email only)

PROFESSION (please check)

☐ Physician ($250) __________________________ (Specialty) __________________________ $ __________________________

☐ Nonphysician ($150) __________________________ (Specify) __________________________ $ __________________________

☐ KU School of Medicine-Wichita Resident Physician or Medical Student $ 0
(with preregistration, no charge)

☐ KU School of Pharmacy-Wichita Pharmacy Student $ 0
(with preregistration, no charge)

☐ PROMO CODE for discounted registration fee __________________________ $ __________________________

TOTAL AMOUNT DUE $ __________________________

FRIDAY, DEC. 7- EARLY-BIRD SESSION FOR COMMUNITY PRECEPTORS
7:45 – 8:30 a.m. Please check:

☐ Will attend ☐ Will not attend

FRIDAY, DEC. 7

10:20–11:05 a.m. (1, 2, 3) First Choice Second Choice

11:25 a.m. –12:10 p.m. (4, 5, 6) First Choice Second Choice

3 – 3:45 p.m. (7, 8, 9) First Choice Second Choice

4:05 – 4:50 p.m. (10, 11, 12) First Choice Second Choice

SATURDAY, DEC. 8

9:50 – 10:35 a.m. (13, 14, 15) First Choice Second Choice

10:55 – 11:40 a.m. (16, 17, 18) First Choice Second Choice

☐ I do ☐ I do not plan to attend the Friday luncheon. ☐ I prefer a vegetarian meal.

WAYS TO REGISTER

☐ Register online at https://www.eeds.com/live/718659.

OR

☐ Return completed registration form by Friday, Nov. 30, to:

DEPARTMENT OF FAMILY & COMMUNITY MEDICINE
KU School of Medicine-Wichita
1010 N. Kansas, Wichita, KS 67214-3199

or fax to 316-293-2696 or email to sreiboldt@kumc.edu

Make check payable to: "KUSM-W Dept. of Family & Community Medicine"

OR charge to my: ☐ Visa ☐ MasterCard

Account #__________________________ CVV code __________________________

Authorizing signature__________________________ Expiration date __________________________

(three-digit code on back)
ACKNOWLEDGMENTS This conference is supported, in part, by educational grants from the Wichita Medical Research and Education Foundation’s Wilkonson Women’s Health Fund, Knorr Family Healthy Lifestyles Lecture Fund, James W. Shaw, M.D., Memorial Fund and the Delos V. Smith, Jr., Lectureship in Geriatric Care.

PLANNING COMMITTEE
John N. Dorsch, M.D., Chair
Lori Bearley, MBA
Tiffany Bonfiglio
Amy E. Curry, M.D.
Stephen J. Grindel, D.O.
Rick Kellerman, M.D.
David Miller, M.D.
Scott E. Moser, M.D.
Leah Peterson, M.D.
Shirley Reiboldt
Cassie Scripter, M.D.
Jennifer Thuener, M.D.

AMERICANS WITH DISABILITIES ACT If you need auxiliary aids or services identified in the Americans with Disabilities Act, please contact the Department of Family & Community Medicine at 316-293-2607 by Friday, Nov. 16. Every effort will be made to accommodate requests after that date.

EMERGENCY TELEPHONE NUMBER During the symposium, you can be contacted at 316-651-0333. Ask that your message be taken to the KU School of Medicine-Wichita symposium registration desk.
CONTINUING EDUCATION CREDIT

AAFP credit: This Live activity, 38th Annual Family Medicine Winter Symposium, with a beginning date of 12/07/2018, has been reviewed and is acceptable for up to 8.25 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA/AAFP equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician’s Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as Category 1.

AAFP-certified CME activities for AOA credit: CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

Non-physician attendees will receive a certificate of attendance that may be submitted to their licensing board for credit.

REGISTRATION

This event is designed for family physicians, although registration is open to physicians in all specialties. Physician assistants, advanced nurse practitioners, resident physicians, medical students and other health care professionals may also benefit and are encouraged to attend. The fee includes an online course syllabus, refreshments and lunch. Upon completion of course registration, you will receive a confirmation email from eeds containing a link to access your eeds account. You may access conference information, including your registration receipt and any available program handouts via this link.

With preregistration, KU School of Medicine-Wichita resident physicians and medical students and KU School of Pharmacy-Wichita pharmacy students may attend without charge. Lunch will be provided.

Refunds requested in writing by Nov. 30 are subject to a $25 administrative charge. No refunds will be made after Nov. 30.

Early registration is recommended. Seating, materials and refreshments may not be available for on-site registrants.

LOCATION AND ACCOMMODATIONS

Wichita Marriott Hotel
9100 Corporate Hills Dr.
Wichita, KS  67207-1317
316-651-0333 or 800-610-0673
Room Rate: $104 Single/Double Occupancy for reservations made between Dec. 6 and Dec. 9.

A block of sleeping rooms has been reserved for symposium participants. Arrangements must be made directly with the hotel. After Nov. 16, reservations will be accepted only on a space-available basis. If calling in your reservations, please indicate you are attending the “38th annual Family Medicine Winter Symposium.”

Complimentary wireless access will be available. Room temperature varies; a sweater or jacket is recommended.
### AGENDA

**FRIDAY, DECEMBER 7**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Registration, Continental Breakfast, Visit Exhibits</td>
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<tr>
<td>7:45</td>
<td>Early-Bird Session</td>
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<tr>
<td>7:45 - 8:00</td>
<td><strong>FACULTY DEVELOPMENT</strong></td>
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<td></td>
<td>Discussion Panel: Building Efficiency into Teaching Medical Students</td>
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<tr>
<td></td>
<td>Cassie Scripter, M.D.; Moderator</td>
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<td></td>
<td>Scott Moser, M.D.; Karl Clouse, M.D.; Stacy Dashiell, M.D.; Kristina Darnauer, M.D.</td>
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<tr>
<td></td>
<td>(A workshop for anyone who teaches in their clinical practice.)</td>
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<tr>
<td>8:30</td>
<td>Passing Break</td>
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<tr>
<td>8:40</td>
<td>Welcome and Announcements – John N. Dorsch, M.D.</td>
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<tr>
<td>8:50</td>
<td><strong>KNORR FAMILY HEALTHY LIFESTYLES LECTURESHIP</strong></td>
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<tr>
<td></td>
<td>Living a Healthy Lifestyle</td>
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<tr>
<td></td>
<td>Joseph Scherger, M.D., MPH</td>
</tr>
<tr>
<td>9:50</td>
<td>Refreshment Break – Visit Exhibits and Posters</td>
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<tr>
<td>10:00 - 11:00</td>
<td>1. <strong>Reversing Cognitive Decline</strong></td>
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<td></td>
<td>Joseph Scherger, M.D., MPH</td>
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<tr>
<td>10:00 - 11:00</td>
<td>2. <strong>Update on Wound Care and Indications for Hyperbaric Oxygen</strong></td>
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<td>Marilee McBoyle, M.D.</td>
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<tr>
<td>10:00 - 11:00</td>
<td>3. <strong>Pediatric Obesity and Hypertension</strong></td>
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<td>Elaine Harrington, M.D.</td>
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<tr>
<td>11:05</td>
<td>Passing Break</td>
</tr>
<tr>
<td>11:25</td>
<td><strong>THE DELOS V. SMITH, JR., LECTURESHIP IN GERIATRIC CARE</strong></td>
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<td>End-of-Life Care and Difficult Conversations</td>
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<td>Joseph Spurlock, M.D.</td>
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<tr>
<td>11:25</td>
<td>4. <strong>Prenatal Genetic Testing</strong></td>
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<td>Jonathan Scrafford, M.D.</td>
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<tr>
<td>11:25</td>
<td>5. <strong>Rodeo Medicine</strong></td>
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<td>RC Trotter, M.D.</td>
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<tr>
<td>12:10 p.m.</td>
<td>Lunch (provided); Presentation of Awards - Rick Kellerman, M.D.</td>
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<td>1:40</td>
<td><strong>THE JAMES W. SHAW, M.D., MEMORIAL LECTURE</strong></td>
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<td></td>
<td>Depression: A Silent Epidemic</td>
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<td>Mark Potter, B.S.</td>
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<tr>
<td>2:40</td>
<td>Passing Break</td>
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<tr>
<td>3:00</td>
<td>7. <strong>Comparing and Contrasting Hypertension Guidelines</strong></td>
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<td>Jennifer Wipperman, M.D.</td>
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<tr>
<td>3:00</td>
<td>8. <strong>Travel Medicine</strong></td>
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<td>Erika Burke, M.D.</td>
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<tr>
<td>3:00</td>
<td>9. <strong>Pediatric Oral Health</strong></td>
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<td>Gretchen Homan, M.D.</td>
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## AGENDA Continued

### FRIDAY, DECEMBER 7

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>3:45</td>
<td>Refreshment Break – Visit Exhibits and Posters</td>
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<tr>
<td>4:05</td>
<td><strong>10</strong> Edema&lt;br&gt;Rex Keith, M.D.</td>
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<tr>
<td></td>
<td><strong>11</strong> Surveillance of Patients at High Risk for Colon Cancer&lt;br&gt;Lindsay Strader, D.O.</td>
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<tr>
<td></td>
<td><strong>12</strong> Low Back Pain&lt;br&gt;Paul Cleland, M.D.</td>
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<tr>
<td>4:50</td>
<td>Adjourn</td>
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### SATURDAY, DECEMBER 8

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8 a.m.</td>
<td>Sign-in and Continental Breakfast</td>
</tr>
<tr>
<td>8:20</td>
<td>Drawing for Prizes</td>
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<tr>
<td>8:25</td>
<td>Announcements – John N. Dorsch, M.D.</td>
</tr>
<tr>
<td>8:30</td>
<td><strong>THE WILKONSON WOMEN’S HEALTH LECTURESHIP</strong>&lt;br&gt;Management of Osteoporosis&lt;br&gt;Cheryl Lambing, M.D.</td>
</tr>
<tr>
<td>9:30</td>
<td>Passing Break</td>
</tr>
<tr>
<td>9:50</td>
<td><strong>13</strong> Rheumatologic Testing&lt;br&gt;Cheryl Lambing, M.D.</td>
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<td><strong>14</strong> Pearls and Pitfalls of Telling Patients “No” to an Opioid Prescription&lt;br&gt;Daniel Warren, M.D.</td>
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<tr>
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<td><strong>15</strong> Update on Care of Diabetes&lt;br&gt;Justin Moore, M.D.</td>
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<tr>
<td>10:35</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>10:55</td>
<td><strong>16</strong> Kidney Stones, Microscopic Hematuria and Benign Prostatic Hyperplasia&lt;br&gt;Clay Lyddane, M.D.</td>
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<td><strong>17</strong> Reversible Contraception&lt;br&gt;Tara Neil, M.D.</td>
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<tr>
<td></td>
<td><strong>18</strong> Common Problems Family Physicians Have in Managing Diabetes&lt;br&gt;Justin Moore, M.D.</td>
</tr>
<tr>
<td>11:40</td>
<td>Program Adjourn</td>
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</tbody>
</table>
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