


2019 Novel Coronavirus Infection (COVID-19): Risk Levels and Public Health Management of Exposed Persons, Disposition of Symptomatic Contacts, and New Person Under Investigation (PUI) Case Definition

ASYMPTOMATIC PERSONS WITH EXPOSURE TO COVID-19			
Risk Category	Definition	Movement Restrictions	Public Health Monitoring
High Risk	<ul style="list-style-type: none"> Living in the same household as, being an intimate partner of, or providing care in a nonhealthcare setting (such as a home) for a symptomatic laboratory confirmed COVID-19 case (or a clinically diagnosed case outside of the US). 	<ul style="list-style-type: none"> Quarantine in a location determined appropriate by Public Health for 14 days since last exposure. Air travel only allowed via medical transport. Local travel only allowed by medical transport or private vehicle. Patient should wear face mask. 	<p>Daily Active Monitoring:</p> <ul style="list-style-type: none"> Public Health will establish regular communication to assess for presence of fever or lower respiratory symptoms. Contact will be made at least once daily for 14 days since last exposure. Public Health should make initial contact immediately upon notification.
Medium Risk	<ul style="list-style-type: none"> Close contact with a person with symptomatic laboratory-confirmed COVID-19 infection (or a clinically diagnosed case outside of the US) and not having any exposures that meet a high-risk definition. On an aircraft, being seated within 6 feet of a traveler with symptomatic laboratory-confirmed COVID-19 infection; this distance correlates to approximately 2 seats in each direction. 	<ul style="list-style-type: none"> Remain at home or in a comparable setting for 14 days since last exposure. Avoid congregate settings, limit public activities, and practice social distancing (e.g., shopping centers, movie theaters, stadiums), workplaces (unless the person works in an office space that allows distancing from others), schools and other classroom settings, and local public conveyances (e.g., bus, subway, taxi, ride share). Postpone additional long-distance travel after reaching destination. 	<p>Self-Observation:</p> <ul style="list-style-type: none"> Persons should remain alert for fever and lower respiratory symptoms within 14 days since last exposure. If symptoms develop, they should contact their healthcare provider and discuss their exposure history and symptoms. Public Health will make information on self-monitoring for fever and respiratory symptoms including cough or difficulty breathing widely known

	<ul style="list-style-type: none"> • Travel internationally from a country with a CDC Level 2 Travel Health Notice or higher and not having any exposure described in the High-Risk category. • Travel to a state within the US with confirmed community transmission and not having any exposure described in the High-Risk category. • Travel to New York (starting 3/15/2020) • Travel on a cruise ship to any destination including Nile river cruises • Travel to Illinois and New Jersey (starting 3/23/2020) • Travel to Connecticut (starting 4/6/2020) • Travel to Massachusetts and Rhode Island (starting 4/30/20) • Travel to Maryland (starting 5/12/2020) 	<ul style="list-style-type: none"> • Remain at home or in a comparable setting for 14 days since last exposure. • Avoid congregate settings, limit public activities, and practice social distancing (e.g., shopping centers, movie theaters, stadiums), workplaces (unless the person works in an office space that allows distancing from others), schools and other classroom settings, and local public conveyances (e.g., bus, subway, taxi, ride share). • Postpone additional long-distance travel after reaching destination. 	<p>in their community. If public health can monitor, they should.</p>
<p>Low Risk</p>	<ul style="list-style-type: none"> • Being in the same indoor environment (e.g. a classroom, hospital waiting room) as a 	<ul style="list-style-type: none"> • No restrictions as long as they remain asymptomatic. 	<p>Self-Observation:</p> <ul style="list-style-type: none"> • Persons should remain alert for fever and lower respiratory

	<p>symptomatic laboratory-confirmed COVID-19 case for a prolonged period but not meeting the definition of a close contact (i.e. not within 6 feet for 10 or more minutes).</p> <ul style="list-style-type: none"> • Being seated on an aircraft within two rows of a traveler who is a symptomatic laboratory confirmed COVID-19 case but not within 6 feet. • Travel from any other country not described in the Medium-Risk category. 		<p>symptoms within 14 days since last exposure. If symptoms develop, they should contact their healthcare provider and discuss their exposure history and symptoms.</p> <ul style="list-style-type: none"> • Public Health will make information on self-monitoring for fever and respiratory symptoms including cough or difficulty breathing widely known in their community.
<p>No Identifiable Risk</p>	<ul style="list-style-type: none"> • Interactions with a person with symptomatic laboratory-confirmed COVID-19 infection that do not meet any of the high-, medium- or low-risk conditions above, such as walking by the person or being briefly in the same room. 	<ul style="list-style-type: none"> • No restrictions 	<ul style="list-style-type: none"> • No Monitoring

ASYMPTOMATIC HEALTHCARE, LAW ENFORCEMENT AND PUBLIC HEALTH WORKERS WITH EXPOSURE TO COVID-19			
Risk Category	Definition	Movement Restrictions	Public Health Monitoring
High Risk	<ul style="list-style-type: none"> HCP had close contact with a COVID-19 patient that was not wearing a facemask AND the HCP was not wearing any recommended PPE. HCP had close contact with a COVID-19 patient that was not wearing a facemask AND the HCP was wearing some PPE, but was not wearing a facemask or respirator. 	<p>HIGHLY RECOMMENDED</p> <ul style="list-style-type: none"> Quarantine in a location determined appropriate by Public Health for 14 days since last exposure. Air travel only allowed via medical transport. Local travel only allowed by medical transport or private vehicle. Patient should wear face mask. <p>ACCEPTABLE</p> <ul style="list-style-type: none"> If the person is part of the critical health care, law enforcement, or public health infrastructure responding to the pandemic, with the approval of the local health officer and employer, the employee can continue to work and self-monitor for symptoms twice per day. If symptoms develop, the person should immediately be isolated. Air travel only allowed via medical transport. Local travel only allowed by medical transport or private 	<p>Daily Active Monitoring:</p> <ul style="list-style-type: none"> Public Health will establish regular communication to assess for presence of fever or lower respiratory symptoms. Contact will be made at least once daily for 14 days since last exposure. Public Health should make initial contact immediately upon notification. <p>Self-Monitoring with Delegated Supervision:</p> <ul style="list-style-type: none"> Persons should remain alert for fever and lower respiratory symptoms within 14 days since last exposure. Public Health will make initial contact and provide information on self-monitoring for fever, cough, or difficulty breathing. The facility's occupational health or infection control program will coordinate monitoring with public health.

		vehicle. Patient should wear face mask.	
Medium Risk	<ul style="list-style-type: none"> HCP had close contact with a COVID-19 patient that was not wearing a facemask AND the HCP was wearing some PPE, but was not wearing eye protection. HCP had close contact with a COVID-19 patient that was wearing a facemask AND the HCP was not wearing any PPE. HCP had close contact with a COVID-19 patient that was wearing a facemask AND the HCP was wearing some PPE, but was not wearing a facemask or respirator. 	<p>HIGHLY RECOMMENDED</p> <ul style="list-style-type: none"> Quarantine in a location determined appropriate by Public Health for 14 days since last exposure. Avoid congregate settings, limit public activities, and practice social distancing (e.g., shopping centers, movie theaters, stadiums), schools and other classroom settings, and local public conveyances (e.g., bus, subway, taxi, ride share). Postpone additional long-distance travel. <p>ACCEPTABLE</p> <ul style="list-style-type: none"> If the person is part of the critical health care, law enforcement, or public health infrastructure responding to the pandemic, with the approval of the local health officer and employer, the employee can continue to work and self-monitor for symptoms twice per day. If symptoms develop, the person should immediately be isolated. Air travel only allowed via medical transport. 	<p>Daily Active Monitoring:</p> <ul style="list-style-type: none"> Public Health will establish regular communication to assess for presence of fever or lower respiratory symptoms. Contact will be made at least once daily for 14 days since last exposure. Public Health should make initial contact the same day, or the next morning in case of an evening notification. <p>Self-Monitoring with Delegated Supervision:</p> <ul style="list-style-type: none"> Persons should remain alert for fever and lower respiratory symptoms within 14 days since last exposure. Public Health will make initial contact and provide information on self-monitoring for fever, cough, or difficulty breathing. The facility's occupational health or infection control program will coordinate

		<ul style="list-style-type: none"> • Avoid congregate settings, limit public activities, and practice social distancing (e.g., shopping centers, movie theaters, stadiums), schools and other classroom settings, and local public conveyances (e.g., bus, subway, taxi, ride share). • Postpone additional long-distance travel. 	<p>monitoring with public health.</p>
Low Risk	<ul style="list-style-type: none"> • HCP had close contact with a COVID-19 patient that was not wearing a facemask AND the HCP was wearing some PPE, but was not wearing a gown or gloves. • HCP had close contact with a COVID-19 patient that was not wearing a facemask AND the HCP was wearing all recommended PPE, but was wearing a facemask instead of a respirator. • HCP had close contact with a COVID-19 patient that was wearing a facemask AND the HCP was wearing some PPE, but was not eye protection or was not wearing gown or gloves • HCP had close contact with a COVID-19 patient that was wearing a facemask AND the HCP was wearing all recommended PPE, but was wearing a facemask instead of a respirator. 	<ul style="list-style-type: none"> • No restrictions as long as they remain asymptomatic 	<p>Self-Monitoring with Delegated Supervision:</p> <ul style="list-style-type: none"> • Persons should remain alert for fever and lower respiratory symptoms within 14 days since last exposure. • Public Health will make initial contact and provide information on self-monitoring for fever, cough, or difficulty breathing. • The facility's occupational health or infection control program will coordinate monitoring with public health.

	<ul style="list-style-type: none"> HCP had proper adherence to all recommended infection control practices including wearing all recommended PPE. 		
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HCP=healthcare personnel; PPE=personal protective equipment

Close contact for healthcare exposures is defined as follows: a) being within approximately 6 feet (2 meters), of a person with COVID-19 for a prolonged period of time (such as caring for or visiting the patient; or sitting within 6 feet of the patient in a healthcare waiting area or room); or b) having unprotected direct contact with infectious secretions or excretions of the patient (e.g., being coughed on, touching used tissues with a bare hand).

SYMPTOMATIC PERSONS WITH EXPOSURE TO COVID-19	
Risk Category	Movement Restrictions and Public Health Activities
High Risk	<p>Considered a PUI*</p> <ul style="list-style-type: none"> Immediate isolation in hospital, if warranted by severity of symptoms, or home setting if determined appropriate by Public Health. Air travel only allowed via medical transport. Local travel only allowed by medical transport or private vehicle. Patient should wear face mask.
Medium Risk	<p>Considered a PUI*</p> <ul style="list-style-type: none"> Immediate isolation in hospital, if warranted by severity of symptoms, or home setting if determined appropriate by Public Health. Air travel only allowed via medical transport. Local travel only allowed by medical transport or private vehicle. Patient should wear face mask.
Low Risk	<p>Maybe Considered a PUI*</p> <ul style="list-style-type: none"> Person should seek health advice to determine if medical evaluation is needed Avoid contact with others and public activities while symptomatic Avoid travel on long-distance commercial conveyances or local public transport while symptomatic
No identifiable Risk	<ul style="list-style-type: none"> Routine Medical Care