



May 4-5, 2023 | Wichita Marriott

## 2023 LEARNING OBJECTIVES

*\*Additional objectives will be added when submitted by speakers. Check back for updates.*

### Thursday, May 4

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**8 - 9 a.m.**

#### **ORN: Opioid Use Disorder: Past, Present, Future**

Daniel Warren, MD

- Utilize 2 harm reduction strategies for all patients with substance use disorder.
- Educate patients about common contaminants present in non-pharmaceutical substances.
- Describe regulatory changes influencing the accessibility of medication-assisted treatment for opioid use disorder

**9:15 - 9:45 a.m.**

#### **Legislative Update**

Dodie Wellshear; Erin Locke, MD, MPH; Chad Johannning, MD, FAAFP

- Review KAFP's 2023 legislative agenda.
- Provide updates and outcomes of the 2023 legislative session.
- Address learner questions.

**10:15 - 10:45 a.m.**

#### **AAFP Update**

Jen Brull, MD, FAAFP

- Learn current information about membership and strategic initiatives of the AAFP.
- Understand how the AAFP is improving payment for family physicians.
- Demonstrate how Kansas family physicians can assist with current programs to improve the pathway to family medicine in the state.
- Improve personal well-being through AAFP programs and resources.

**10:45 - 11:45 a.m.**

#### **UMHMF: Ensuring a Healthy Start for All Kansas Kids: Partnering on the Fourth Trimester and Beyond**

David Jordan, MPA

- Build awareness of prenatal care and the first 1000 days of life.
- Discuss the importance of social-emotional development and building strong relationships between young children and caregivers.
- Highlight science of Adverse Childhood Experiences and the role of screening, evidence-based interventions, and home-visiting.
- Discuss role of family physicians in maternal child health and explore policy landscape around billing and training.

**1 - 1:15 p.m.**

#### **Exercise is Medicine: Guiding Patients Through the Spectrum of Activity**

Nicole Yedlinsky, MD, CAQSM, FAAFP, RMSK

- Discuss recommendations and goals for physical activity.
- Review key terminology and components of physical fitness.
- Teach family physicians how to write exercise prescriptions.

**1 :45 - 2:15 p.m.**

#### **Updates on Vaccines: Yes, we still need them!**

Amy Curry, MD

- List current recommendations for COVID vaccinations.
- List pertinent updates for other vaccines.
- Explore resources to increase vaccine rates in the outpatient setting.

**2:15 - 2:45 p.m.**

### **Thyroid Update**

Justin Moore, MD

- Understand common pitfalls in thyroid function testing.
- Outline the benefits and harms of treating subclinical hypothyroidism.
- Name target TSH levels in various disease states and stages of life, including thyroid cancers, pregnancy, and elders.

**4:30 - 5 p.m.**

### **Triage of the Female Patient with Sexual Concerns**

Melissa Hague, MD

- Learn some techniques for interviewing a woman with sexual concerns.
- Develop a triage approach to the woman complaining of decreased libido.
- Become aware of resources available to help women with sexual concerns.

## **Friday, May 5**

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**8 - 9 a.m.**

### **Cultivating the Soil for People to Grow: The Future of the Health Care Workforce**

Benjamin Anderson, MBA, MHCDS

- Define burnout and moral injury and describe its prevalence in the context of healthcare delivery amidst COVID-19.
- Differentiate between structural and individual contributors to health care worker wellbeing.
- Formally assess the environment where healthcare workers work and live.
- Guide teams toward practical interventions that improve healthcare worker recruitment and retention.

**9 - 9:45 a.m.**

### **Role of CHWs in Primary Care in Kansas**

Joseph LeMaster, MD, MPH

- Learners will understand the current legal status of Community Health Workers in KS with respect to scope of practice and remuneration for their services.
- Learners will understand current use and remuneration of CHWs in primary care in Kansas and in the US more widely.
- Learners will report the results of discussion during the session about current barriers and facilitators to using CHWs in their attendees practices.

**10:15 - 10:45 a.m.**

### **Lipid Update**

Sheryl Beard, MD, FAAFP

- Identify patients who need cholesterol screening.
- Utilize the 2018 ACC/AHA Guideline to lower ASCVD risk.
- Understand the difference between ACC/AHA recommendations and the USPSTF recommendations.

**10:45 - 11:45 a.m.**

### **Break it Down to Build Back Stronger: Collaborative Care Team Trauma Debriefs**

Jeremy Presley, MD

- Attendees will understand the concept of clinical trauma debriefs and recognize the situations in which debriefing is needed and appropriate.
- Learners can help facilitate debriefs with the goal of learning from the event to improve future patient care.
- Participants embrace the value of debriefs to help reduce the physical, emotional, and professional damage that traumatic patient care can cause.
- We will all leave with the goal of supporting our colleagues with our own skill set or by providing resources to help all those involved in traumatic patient care episodes.

**1:15 - 2 p.m.**

### **The Prudent Use of Serologic Studies**

Timothy Shaver, MD, FACP

- Understand the performance characteristics of common serologic studies utilized in the assessment of rheumatic disease.
- Develop an appropriate threshold for ordering serologic studies in specific clinical contexts.
- Describe the differential diagnosis of abnormal autoantibody tests.

**2 - 2:30 p.m.**

### **Dermatology Biopsy Technique and Selection**

Brandon Litzner, MD

- Understand the appropriate technique for performing shave biopsies, saucerization biopsies, and punch biopsies in the skin.
- Select the appropriate type of biopsy for various skin conditions.
- Understand the importance of clinicopathologic correlation and the importance of communication between pathologist and clinician.

**2:30 - 3 p.m.**

### **KidsKSMAP: Kids and the Mental Health Crisis**

Rachel Brown, MD

- Describe the frequency of mental disorders in youth.
- Understand the role of family medicine in providing effective preventive strategies and treatments.
- Be able to reach out for case consultation and resources for children in need.

**3:15 - 5 p.m.**

### **Caring for Ourselves, Caring for Others**

Stacy Dashiell, MD, FAAFP; Lynn Fisher, MD; Melissa Rosso, MD, MPH

- Identify the drivers of family physician burnout.
- Identify and recognize individual areas of well-being strengths and weaknesses.
- Generate a SMART personal health improvement plan.
- Recognize the relationship between physician well-being and health system well-being.