



May 4-5, 2023 | Wichita Marriott

2023 LEARNING OBJECTIVES

Thursday, May 4

8 - 9 a.m.

ORN: Opioid Use Disorder: Past, Present, Future

Daniel Warren, MD

- Utilize 2 harm reduction strategies for all patients with substance use disorder.
- Educate patients about common contaminants present in non-pharmaceutical substances.
- Describe regulatory changes influencing the accessibility of medication-assisted treatment for opioid use disorder

9 - 9:15 a.m.

KAFP Update

Deb Doubek, MD, FAAFP

- Become more familiarized with the processes for the KAFP balance sheets.
- Receive a summarized narrative of the current annual report for the KAFP.
- Learn about future training and programming available for CME, as well as funding opportunities that have been identified for potential application.

9:15 - 9:45 a.m.

Legislative Update

Dodie Wellshear; Erin Locke, MD, MPH; Chad Johanning, MD, FAAFP

- Review KAFP's 2023 legislative agenda.
- Provide updates and outcomes of the 2023 legislative session.
- Address learner questions.

10:15 - 10:45 a.m.

AAFP Update

Jen Brull, MD, FAAFP

- Learn current information about membership and strategic initiatives of the AAFP.
- Understand how the AAFP is improving payment for family physicians.
- Demonstrate how Kansas family physicians can assist with current programs to improve the pathway to family medicine in the state.
- Improve personal well-being through AAFP programs and resources.

Thursday, May 4

10:45 - 11:45 a.m. **UMHMF: Ensuring a Healthy Start for All Kansas Families: How Family Practice can partner on the fourth trimester and beyond**
David Jordan, MPA; Terrah Stroda, CNM, APRN

- Build awareness of prenatal care through the first year of life.
- Provide evidence on why investing early is important to long-term health for both mothers and infants.
- Identify updated Kansas statistics on Maternal Morbidity and Mortality.
- Describe how Family Practice Physicians in Kansas are important in the statewide initiative to combat adverse maternal health outcomes.
- Identify five projects happening in Kansas that involve Family Physicians under the Fourth Trimester Initiative.
- Discuss role of family physicians in maternal child health and explore policy landscape.

1:15 - 1:45 p.m. **Exercise is Medicine: Guiding Patients Through the Spectrum of Activity**
Nicole Yedlinsky, MD, FAAFP, CAQSM, RMSK

- Discuss recommendations and goals for physical activity.
- Review key terminology and components of physical fitness.
- Teach family physicians how to write exercise prescriptions.

1:45 - 2:15 p.m. **Updates on Vaccines: Yes, we still need them!**
Amy Curry, MD, FAAFP

- List current recommendations for COVID vaccinations.
- List pertinent updates for other vaccines.
- Explore resources to increase vaccine rates in the outpatient setting.

2:15 - 2:45 p.m. **Thyroid Update**
Justin Moore, MD

- Understand common pitfalls in thyroid function testing.
- Outline the benefits and harms of treating subclinical hypothyroidism.
- Name target TSH levels in various disease states and stages of life, including thyroid cancers, pregnancy, and elders.

2:45 - 3:15 p.m. **Metabolic Associated Fatty Liver Disease for the Primary Care Physician**
Kyle Rowe, MD

- Describe terminology of metabolic associated fatty liver disease (MAFLD).
- Describe epidemiology of MAFLD.
- Describe hepatic inflammation to fibrosis to cirrhosis progression. Describe workup of MAFLD.
- Describe management of MAFLD.

3:45 - 4:30 p.m. **Hypertension: Not that simple?**
Wassim Shaheen, MD

- After completion of this session, learners will be informed about current hypertension thresholds and goals.
- Better understand the choices of hypertension medications.

4:30 - 5 p.m.

Mental Health in the Fourth Trimester

Beth Oller, MD, FAAFP

- Identify the importance of addressing perinatal mental health with all pregnant persons during the fourth trimester.
- Define PMADs (perinatal mood and anxiety disorders) and explore the scope of the problem.
- Discuss best practices for screening and treatment of PMADs.
- Provide resources for patients and physicians.

Friday, May 5

TRACK A

8 - 9 a.m.

Cultivating the Soil for People to Grow: The Future of the Health Care Workforce

Benjamin Anderson, MBA, MHCDS

- Define burnout and moral injury and describe its prevalence in the context of healthcare delivery amidst COVID-19.
- Differentiate between structural and individual contributors to health care worker wellbeing.
- Formally assess the environment where healthcare workers work and live.
- Guide teams toward practical interventions that improve healthcare worker recruitment and retention.

9 - 9:45 a.m.

Role of CHWs in Primary Care in Kansas

Joseph LeMaster, MD, MPH

- Learners will understand the current legal status of Community Health Workers in KS with respect to scope of practice and remuneration for their services.
- Learners will understand current use and remuneration of CHWs in primary care in Kansas and in the US more widely.
- Learners will report the results of discussion during the session about current barriers and facilitators to using CHWs in their attendees practices.

10:15 - 10:45 a.m.

Lipid Update

Sheryl Beard, MD, FAAFP

- Identify patients who need cholesterol screening.
- Utilize the 2018 ACC/AHA Guideline to lower ASCVD risk.
- Understand the difference between ACC/AHA recommendations and the USPSTF recommendations.

10:45 - 11:45 a.m.

Break it Down to Build Back Stronger: Collaborative Care Team Trauma Debriefs

Jeremy Presley, MD

- Attendees will understand the concept of clinical trauma debriefs and recognize the situations in which debriefing is needed and appropriate.
- Learners can help facilitate debriefs with the goal of learning from the event to improve future patient care.
- Participants embrace the value of debriefs to help reduce the physical, emotional, and professional damage that traumatic patient care can cause.
- We will all leave with the goal of supporting our colleagues with our own skill set or by providing resources to help all those involved in traumatic patient care episodes.

TRACK B

Resident Presentations

8 – 8:15 a.m.

Adverse Effects of Long-Term Proton-Pump Inhibitor Use, William Miller, MD, PGY2

- Describe the current literature regarding the adverse effects of long-term PPI prescription.
- Identify patient populations at risk for these adverse effects.
- Describe an approach to modifying therapy in patients on long-term PPI treatment.

8:15 – 8:30 a.m.

Acne Treatment, Jeremy Lickteig, MD, PGY2

- Identify cost-effective acne management.
- Discuss evidence regarding topical acne medications.
- Describe the role of the family physician in acne management.

8:30 – 8:45 a.m.

Lactation Options Following Fetal Demise, Jennifer Mettling, MD, PGY2

- Describe medical and conservative management for women who desire suppression of lactation following fetal demise.
- Identify options for women who desire to encourage breast milk production following fetal demise.

8:45 – 9:00 a.m.

The Legacy of Our Mentors – An Oral History Project, Morgan Gillam, MD, PGY1

- Discuss the extent, impact, and legacy of gender-based mistreatment experienced by women physicians.
- Utilize study findings in developing personal strategies to identify and address gender-based mistreatment.
- Incorporate study findings in unit/institutional strategies to enhance diversity and inclusion in educational and occupational environments.

9:00 – 9:15 a.m.

Primary Care of the Patient with Quadriplegia, Kristina Chaffee, MD, PGY1

- "Review of Systems" for the patient with Spinal Chord Injury.
- Screening and preventative care.
- Supporting caregivers.

9:15 – 9:30 a.m.

Cardiovascular Event Risk in Therapeutic Clinical Decision-Making, Elizabeth Smith, MD, PGY1

- Describe how Cardiovascular Event Risk Equations are developed.
- Discuss the accuracy of Cardiovascular Event Risk. Equations in predicting cardiovascular events in the general population.
- Identify the potential risks and benefits of making clinical decisions based off the discussed Cardiovascular Event Risk Equations.

9:30 – 9:45 a.m.

Infant Botulism, Danielle Corbett, MD, PGY2

- Identify signs and symptoms of infant botulism and how to diagnose. Describe the treatment of botulism and considerations for follow-up.

10:15-10:30 a.m.

Pediatric Agitation, Jing Herwig, MD, PGY2

- Describe the underlying cause of pediatric agitation.
- Identify how to de-escalate pediatric agitation without excessive use of medications.
- Apply algorithm of pediatric agitation pathway to formulate a treatment plan.

10:30- 11 a.m.

To Eat or Not to Eat: Surviving in the Wilderness, Lauren Haag, MD, PGY3; Spencer Shearer, MD, PGY2

- Describe the appearance and quality of natural toxic wildlife in the Mid-Western U.S.
- Identify and differentiate between plants that are and are not safe for ingestion.
- Explain basic treatment methods for toxic plant ingestion.

11 a.m.- 11:15 a.m.

Primary Care for Patients Living with HIV, Sara Peterson, DO, PGY2

- Describe initial and next best steps in providing care for patients living with HIV.
- Review routine, guideline-recommended screenings for patients living with HIV.
- Identify appropriate resources for guidance on care of patients living with HIV.

11:15 -11:30 a.m.

Queer Inclusive in the Primary Care Clinic, R. Aurelia Latimer, MD, PGY2

- Recognize the importance of Queer affirming environments especially in gynecologic and obstetric settings.
- Discuss a scaffold for gaining information on social history and proper language to refer to patients' anatomy and personhood (e.g. pronouns, names, partners, etc.).
- Identify ways to make clinic an inclusive environment including clinic materials (e.g. intake forms).

11:30-11:45

SGLT2-I Beyond Diabetes Care, Hannah Swagerty, MD, PGY3

- Review guideline-recommended conditions to use SGLT-2I in beyond diabetes including heart failure, chronic kidney disease, CVD and review evidence for this.
- Identify contraindications and patient counseling to complete prior to initiation of SGLT2-I.
- Describe maintenance and routine monitoring needed with SGLT2-I use.

Friday, May 5

12 - 1 p.m.

Poster Presentation Luncheon

1:15 - 2 p.m.

The Prudent Use of Serologic Studies

Timothy Shaver, MD, FACP

- Understand the performance characteristics of common serologic studies utilized in the assessment of rheumatic disease.
- Develop an appropriate threshold for ordering serologic studies in specific clinical contexts.
- Describe the differential diagnosis of abnormal autoantibody tests.

2 - 2:30 p.m.

Dermatology Biopsy Technique and Selection

Brandon Litzner, MD

- Understand the appropriate technique for performing shave biopsies, saucerization biopsies, and punch biopsies in the skin.
- Select the appropriate type of biopsy for various skin conditions.
- Understand the importance of clinicopathologic correlation and the importance of communication between pathologist and clinician.

2:30 - 3 p.m.

KidsKSMAP: Kids and the Mental Health Crisis

Rachel Brown, MD

- Describe the frequency of mental disorders in youth.
- Understand the role of family medicine in providing effective preventive strategies and treatments.
- Be able to reach out for case consultation and resources for children in need.

3:15 - 5 p.m.

2023 Verlyn Steinkruger Lectureship: Caring for Ourselves, Caring for Others

Stacy Dashiell, MD, FAAFP; Lynn Fisher, MD; Melissa Rosso, MD, MPH

- Identify the drivers of family physician burnout.
- Identify and recognize individual areas of well-being strengths and weaknesses.
- Generate a SMART personal health improvement plan.
- Recognize the relationship between physician well-being and health system well-being.

