

## ALSO® COURSE

**Advanced Life Support in Obstetrics (ALSO)** is an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

## OVERALL COURSE OBJECTIVES

1. Discuss methods of managing pregnancy and birth urgencies and emergencies, which standardizes the skills of practicing maternity care providers.
2. Demonstrate content and skill acquisition as evidenced by successful completion of online course examination, skills workstations, and group testing stations.
3. Provide safe team leadership through various emergency obstetric scenarios.
4. Demonstrate effective team communication strategies focusing on patient safety.

## CME & CNE INFORMATION

The AAFP has reviewed ALSO Course and deemed it acceptable for up to 8.00 AAFP Prescribed credit. Term of Approval is from 11/7/2025 to 11/7/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 9.60 contact hours applicable for APRN, RN, LPN, or LMHT relicensure. Kansas State Board of Nursing provider number: LT0278 - 0312. This is an advanced level course and may not be suitable for all general continuing nursing education.

## MAINTENANCE OF CERTIFICATION

The ABOG MOC standards now allow participation in ABOG-approved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This course has been approved to meet ABOG Improvement in Medical Practice requirements until 12/31/2025. Please review the current MOC Bulletin for further information: [ABOG Bulletins](#).

## COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to assure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

For more information on  
Advanced Life Support in  
Obstetrics (ALSO),  
please visit [www.aafp.org/ALSO](http://www.aafp.org/ALSO)



## ALSO Course

(Previously named ALSO Provider Course)

Friday, November 7, 2025

Kansas Health Science University  
217 E Douglas Ave  
Wichita, KS 67202

Kansas Academy of Family Physicians

## COURSE PRE-WORK

Learners will be provided an email that includes next steps and the ALSO Online Course URL. Content consists of a pre-test; recorded lectures; online case studies; workstation demonstrations; post-test and a course evaluation. Learners **must Claim Credit** to automatically register as 'Complete' and qualify to attend the Live Course.

## AFTER THE LIVE COURSE

The ALSO Course Sponsor is responsible for submitting the post-course Dashboard within one week after the Live course. After this submission, the **Learners will receive an email with a link which will direct them to their AAFP Account where they will find their Letter of Participation and those who successfully pass the course will also find their Wallet Card with their three-year status period dates.**

## LIVE PORTION OF THE COURSE

### TENTATIVE AGENDA

<u>Time</u>	<u>Activity</u>
0745-0800	Registration
0800-0815	Overview, Instructions, Q&A from online content (15 min)
0815-0845	Lecture: Safety in Maternity Care (all) (30 min)

### Workstation Rotations

(Learners are each assigned to a group and rotate amongst skills workstations simultaneously)

0845-0930	Shoulder Dystocia (45 min)
0930-1015	Assisted Vaginal Delivery (45 min)
<b>1015-1030</b>	<b>Break (15 min)</b>
1030-1115	Emergency Breech (45 min)
1115-1200	EBL/QBL and Balloon Tamponade (45 min)
<b>1200-1230</b>	<b>Lunch (30 minutes)</b>
1230-1315	Maternal Trauma (45 min)
1315-1400	Postpartum Hemorrhage (45 min)
<b>1400-1415</b>	<b>Break (15 min)</b>
1415-1530	Interactive Group Case Studies (all) (75)
1530-1645	Group Testing Scenarios (75 min)
1645-1715	Evaluations, Wrap Up (all) (30 min)

## COURSE CONTACT INFORMATION

**Course Director:** Beth Oller, MD, FAAFP  
**Advisory Faculty:** Beth Oller, MD, FAAFP

**Course Coordinator:** Courtney Evans, MBA  
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**Phone Number:** 913.214.1117

