

**Personal Statement:** Wesley Goodrich, DO, MPH

I would like to serve on the KAFP Board of Directors because I believe advocacy is one of the best avenues for serving out patients and communities. I firmly believe an ounce of prevention is worth a pound of cure, and have volunteered during every phase of my medical training and before to help make the healthy choice the easy choice. Bicycling and active lifestyles is a passion of mine, and was the focus of my masters in public health. During medical school residency, and now as an attending, I have worked with local bicycling and community advocacy groups in order to redesign local infrastructure to support alternative transportation for those who did not have reliable transportation. It is this same kind of approach that I take towards addressing all social determinants of health in practice and in my community.